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Degrees in brief ❖

Isfahan University Of Medical Science , Department of Nursing and Midwifery.
1991-1994 Master of Science in Psychiatric Nursing.
1986-1990 Bachelor of Science in Psychiatric Nursing.
1983-1985 Associate of Science in Psychiatric Nursing

Articles

- 1-**Health assessment of female nurses.** Mehrabi Tayebeh . Ghazavi Zohreh. Journal of Higiene & Health.2006:1(2) IRAN
- 2-**Study of family relations and its relationship to women disease.** Zandieh Zahra. Mehrabi Tayebeh. Journal of Hegiene & Health.2006:2(1) IRAN
- 3-**Investigation of job-stress in Nurses .** Mehrabi Tayebeh ,Parvin Neda, Yazdani Mohsen.Nursing & midwifery research .2005:27 IRAN
- 5-**Effect of the desensitization on the reducing anxiety . Reasearch in medicine.**Pahlavanzadeh Saeed,Gamhiri Reza, Mehrabi Tayebeh. Nursing & midwifery research.2003:5(1) IRAN
- 6-**Familial characterizes at depressive individual.** Ghazavi Zahra,Fakari Hosein, , Mehrabi Tayebeh. Nursing & midwifery research .2003:13
- 7-**Training family to better mannage schizophrenic behaviour.** Asadollahi Ghorbanali,Ghasemi Gholamreza, Mehrabi Tayebeh .Eastern Mediteranian Health journal.2000:6(1) WHO
- 8-**A study of the Severity of some Occupational Stresses in Nurses .** Mehrabi Tayebeh ,Parvin Neda, Yazdani Mohsen. Nursing & midwifery research Vol 12, No 1 (2007) - *Original Article*
- 9-**Nurses' experiences regarding working in the psychiatric wards and its**

physical outcomes. Mehrabi Tayebbeh, Fanian Nasrin, Ghazavi Zahra, Zargham Ali. Nursing & midwifery research *Vol 11, No 1 (2006) - Original Article*

10-The effects of cognitive behavioral counseling on body image alterations in women undergone mastectomy. Fadaei Simin, Ganighorban Mozghan, Mehrabi Tayebbeh. Nursing & midwifery research. *Vol 10, No 1 (2005) - Original Article*

11-Mother's attitude concerning parenting style and growth and development of primary school students. Fathizadeh Nahid, Yazdani Mozghan, Mehrabi Tayebbeh. Nursing & midwifery research. *Vol 9, No 1 (2005)- Original Article*

12- The effect of group therapy on depression and anxiety levels of the patients with myocardial infarction. Mehrabi Tayebbeh, Sheikholeslami Farzaneh, Ghazavi Zahra, Nasiri Mahmood. Nursing & midwifery research. *Vol 9, No 3 (2006)- Original Article*

13-Current care of patients in physical confinement in psychiatry wards of hospitals affiliated with Isfahan University of Medical Sciences. Ashoori Elahe. Mehrabi Tayebbeh, Nursing & midwifery research VOL 11, NO 3 (2006)

14-Marital satisfaction in patients with and without myocardial infarction. Mehrabi Tayebbeh, Moeini Mahin. IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 13, No 1 (2008) - Original Article*

16- Comparing the current process of schizophrenic patients discharge from psychiatric wards of the Isfahan University of Medical Sciences hospitals and the standard process. Elaheh Ashori*, Saeid Pahlavanzadeh, Zahra Ghazavi Tayebe Mehrabi Jahangir Maghsoudi Ganjeh, Mohsen Yazdani, Mahmoud Nasiri Rezvan Ismaeili*. IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 14, No 4 (2009) - Original Article*

17- Nurse Managers' experiences as an agent for change Parvin Ghalriz*, Narges Fakhari, Tayebbeh Mehrab Mahin Moeini, Zohreh Ghazavi, Marzieh Adel Mehraban* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 13, No 3 (2008) - Original Article*

18-Psychiatric team's experience of working in psychiatric wards. Victoria Omrani Fard*, Tayebbeh Mehrabi**, Nasrin Fanian*** IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 16, No 1 (2011) - Original Article*

19- Experiences of university faculty members regarding communication in work environment Tayebbeh Mehrabi, Zohreh Ghazavi, Mitra Malbousizadeh. IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 15: Special Issue, 2010 - Original Article*

20- Reviewing the effect of nursing interventions on delirious patients admitted to intensive care unit of neurosurgery ward in Al-Zahra Hospital, Isfahan University of Medical Sciences. *Asghar Khalifezadeh, Shima Safazadeh, Tayebeh Mehrabi, Bahram Amin Mansour.* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 16, No 1 (2011) - Original Article*

21- Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses . *Zahra Ghazavi, Fatemeh Lohrasbi, Tayebeh Mehrabi*.* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 15: Special Issue, 2010 - Original Article*

22-The effect of acquiring life skills through humor on social adjustment rate of the female student. *Jahangir Maghsoudi, Nazanin Hashemi sabour, Mohsen Yazdani, Tayebeh Mehrabi* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 15, No 4 (2010) - Original Article*

23- The process of major depressive disorder (MDD) in women referred to the health centers . *Souraj Rahmati-Khameneh, Tayebeh Mehrabi, Maryam Izadi-Dehnavi, Ali Zargham-Boroujeni***** IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 16, No 3 (2011) - Original Article*

24-The impact of group therapy training on social communications of Afghan immigrants *Tayebeh Mehrabi, T(Correspond Author). ayebeh Musavi, Zahra Ghazavi, Zahra Zandieh, Ahmadreza Zamani* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 16, No 2 (2011)*

25-Assessing the Effectiveness of Interpersonal Communication Skills Training on Job Satisfaction among Nurses in University Hospital of Isfahan in 2011. IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 17, No 4 (2012) - Original Article* *1Abdollah Rezaei Dehaghani, Kobra Ahmadi Akhormeh, Tayebeh Mehrabi*

26-The effect of yoga on coping strategies among ICU nurses. *Tayebeh Mehrabi, Fatemeh Azadi, Saeid Pahlavanzadeh, Niloofer Meghdadi.* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 17, No 6 (2012) (Correspond Author)*

27-Effects of a family support program on self-care behaviors in patients with congestive heart failure. *Mohsen Shahriari, Maryam Ahmadi, Sima Babae, Tayebeh Mehrabi, Masoumeh Sadeghi* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH *Vol 18, No 2 (2013) (Correspond Author)*

28- An investigation on occupational stress of the operating room staffs in hospitals affiliated to Isfahan University of Medical Sciences and its association with some factors

Soheila Bakhtiari, Tayebeh Mehrabi, Akbar Hasanzadeh. IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 18, No 2 (2013) (Correspond Author)

29- A STUDY ON THE RELATIONSHIP BETWEEN SPIRITUAL WELLBEING AND QUALITY OF LIFE IN INFERTILE WOMEN REFERRED TO INFERTILITY CENTERS IN ISFAHAN. *Mehrabi T1*, Alijanpour Agamaleki M2*, Hosseini RS3, Zeraki Dana A4, Safaei Z5.* The Journal of Uromia Nursing and Midwifery Faculty, Vol 12(7), September, 2014

30-A family support intervention to reduce stress among parents of preterm infants in neonatal intensive care unit *Zahra Abdeyazdan1, Zahra Shahkolahi2, Tayebeh Mehrabi3, Mahnoosh Hajiheidari.* Iranian Journal of Nursing and Midwifery Research July-August 2014 Vol. 19 Issue 4 (Correspond Author)

31-Effects of needs-assessment-based psycho-education of schizophrenic patients' families on the severity of symptoms and relapse rate of patients. Kheirabadi GR, Rafizadeh M, Omranifard V, Yari A, Maracy MR, Mehrabi T, Sadri S. Iran J Nurs Midwifery Res. 2014 Nov;19(6):558-63

32-Does spiritual care program affect levels of depression in patients with Leukemia? A randomized clinical trial. Amir Musarezaie, Mahin Moeini1, Fariba Taleghani1, Tayebeh Mehrabi2. Journal of Education and Health promotion | Vol. 3 | August 2014

33-The effect of Cacao on occupational burnout. Mehrabi Tayebeh- Gorji Somayyeh - Zolfaghari Behzad. Iranian journal of Psychiatric Nursing. 2015 vol2(4)

34-Effect of peer education in school on sexual health knowledge and attitude in girl adolescents. Hatami M, Kazemi A, Mehrabi T. J Educ Health Promot. 2015 ;4():78

35-The effect of Rosmarinus herbal tea on occupational burnout in Iran Chemical Industry Investment company employees. *Tayebe Mehrabi, Somayeh Gorji, Behzad Zolfaghari, Rasool Razmjoo.* Iranian Journal of Nursing and Midwifery Research July-August 2015 Vol. 20 Issue 4

36-Relationships between parenting styles of women working in hospitals and preschooler's anxiety, isolation and aggression. *Abbasi . S – Asgari. Z – Mehrabi. T (correspond Author) .* Iranian Journal of Nursing Research Vol 10 No.2 (Serial 37) Summer 2015 ISSN:1735-7012

37-The role of self-efficacy and assertiveness in aggression among high-school students in Isfahan. *Khademi Mofrad SH, Mehrabi T(correspond Author). Journal of Medicine and Life Vol. 8, Special Issue 4, 2015, pp.225-231*

38-survey of nurses' awareness of patient safety culture in neonatal intensive care units. Hemmat F, Atashzadeh-Shoorideh F, Mehrabi T, Zayeri F. *Iran J Nurs Midwifery Res.* 2015 Jul-Aug ;20(4):490-5

39 Assessment the effect of the CBT on motivation of the nursing students. *Tayebeh Mehrabi1, Somayeh Behzadi1, Farhad Sabouri, Mousa Alavi1. Iranian Journal of Nursing and Midwifery Research | March-April 2016 | Vol. 21 Issue 2,*

40-Association between playing computer games and mental and social health among male adolescents in Iran in 2014.*Mehrnoosh Mohammadi1, Abdollah Rezaei Dehaghani, Tayebeh Mehrabi, Ali Rezaei Dehaghani. Iranian Journal of Nursing and Midwifery Research | March-April 2016 | Vol. 21 | Issue 2*

41-Effect of lavender scent inhalation on prevention of stress, anxiety and depression in the postpartum period.*Maryam Kianpour, Akram Mansouri, Tayebeh Mehrabi, Gholamreza Asghari. Iranian Journal of Nursing and Midwifery Research | March-April 2016 | Vol. 21 | Issue 2*

42-Investigating the effect of education based on need to prevent falling during activities of daily living among the elderly referring to health centers of Isfahan. *Marziyeh Ghasemi1, Abdollah Rezaei Dehaghani, Tayebeh Mehrabi. Iranian Journal of Nursing and Midwifery Research | July-August 2016 | Vol. 21 | Issue 4*

43-Relationship between fatigue and sleepiness with general health of mothers in the postpartum period.*Nafiseh Khayamim, Parvin Bahadoran, Tayebeh Mehrabi. Iranian Journal of Nursing and Midwifery Research | July-August 2016 | Vol. 21 | Issue 4.*

44-The effect of stress management training program on self-efficacy mothers of children with thalassemia*Jajormaneh F, Ghazavi Z, Mehrabi T, Najafi M. Journal of Clinical Nursing and Midwifery(J Clin Nurs Midwifery) 2016; 5(2): 84-93.*

45- Effect of mobile parenting skills education on anxiety of the mothers with autistic children*Zahra Hajiabolhasani-Nargani1, Mostafa Najafi2, Tayebeh Mehrabi(correspond Author). Iranian Journal of Nursing and Midwifery Research. November-December 2016 | Vol. 21 | Issue 6*

Research Projects :

1-Current care of patients in physical confinement in psychiatry wards of hospitals affiliated with Isfahan University of Medical Sciences. *Tayebeh Mehrabi .Elaheh Ashori .2005*

2-Comparing the current process of psychiatric patients discharge from psychiatric wards of the Isfahan University of Medical Sciences hospitals and the standard process . *Elaheh Ashori*, Saeid Pahlavanzadeh, Zahra Ghazavi Tayebe Mehrabi Jahangir Maghsoudi Ganjeh, Mohsen Yazdani,Mahmoud Nasiri Rezvan Ismaeili*2005*

3-Investigation of family functionof children with behavioral disorders. *Zahra Ghazavi, Tayebeh Mehrabi.2006*

4- A comparative study of stress and anxiety before and after Ramadan among managers in various wards of the Isfahan University of Medical Sciences. *Zahra Ghazavi, Tayebeh Mehrabi.2007*

5-Marital satisfaction in patients with and without myocardial infarction. *Mehrabi Tayebeh,Moeini Mahin.2007*

6-Psychiatric team's experience of working in psychiatric wards. *Tayebeh Mehrabi.2009*

7-Life effective experiences of depressive women. *Tayebeh Mehrabi , Izadi Maryam..2009*

8-Experiences of university faculty members regarding communication in work environment. *Tayebe Mehrabi.2010*

9- Effects of anger control training on perceived family social support and marital conflict, in patients male Substance abuse and and wives in Isfahan- *Tayebe Mehrabi-Mohammadreza Jahanizadeh.2016*

Conferences :

1-Experiences of nurses from education of ICDL.Communication-Technology- Mental health.2006 Isfahan IRAN.

2-Relationship of jobstress with mental health of nurses.Seminar of Stress.2006 Tehran IRAN.

3-Health assessment of female nurse. Seminar of Health.2005 Tehran IRAN

4-The effect group therapy on depression and anxiety levels of the patients with MI. International Congress of the Iranian Society of cardiac surgeons .2005 Tehran IRAN

5- Job stress and physical health in nurses . Seminar of Stress related diseases .2004 Shiraz IRAN

6- The effect group therapy on depression and anxiety levels of the patients with MI. Behavioral medicine Congress .2004 Mainze GERMANY.

7- Training family to better manage schizophrenic behaviour. .Behavioral medicine Congress .2002 Helsinki FINLAND

8--Health assessment of female nurse.Ninth International Congress of Behavioral medicine 2006 Bangkok THAILAND

9-Nurses Experiences concerning patient, high risk behaviour in psychiatric wards. 10th International Congress of Behavioral medicine 2008.Tokyo JAPAN

10- The impact of group therapy training on social communications of Afghan immigrants. 27th International congress of applied psychology.2010 .Melbourn.AUSTRALIA

11-Affective experiences on depressive women. 2010 National congress "Chronic Diseases" Ramsar IRAN

12- Experiences of university faculty members regarding communication in work environment. 2th International congress on neurobiology and psychopharmacology.2011.Thessaloniki.GREECE

13- Non-drug intervention on children who are undergoing surgery.1th National congress "Education, Treatment & caring on persons are undergoing surgery"2011. Esfahan. IRAN

14- Cardiovascular disease and hypertension among adults with bipolar I disorder 1th International congress on prevention , diagnosis & treatment of Hypertension.2011. Esfahan. IRAN

15- Psychiatric team's experience of working in psychiatric wards.9th National congress " Professional progress of Nursing & Midwifery"2011 Shiraz IRAN

16- A Comparative investigation of marital satisfaction among the patients with MI 5th Middle East Cardiovascular Congress. 2011 Kish Island IRAN

17-A comparative study of stress and anxiety before and after Ramadan. 30th International congress of psychology.Cape Town.South Africa. July 2012

18-Effect of Relaxation on Stress Coping strategies of Intensive Care Unit Nurses.The International Nursing and Midwifery conference on health & well being .May2014. Isfahan IRAN

19-**Nursing care in ADHD children.**2thSymposium of Pediatric & Adolescents Mental Disorders.**2 July 2016 Isfahan IRAN**

20- **Stress management training program on self efficacy mothers of children with Thalasemia.**3rd conference Psychology,Esucational Science &life style.August 25 ,2016 Mashad IRAN

Theses Supervision

1-**Investigation relation between there rate of self confedence and the personal and family characteristics of girl students in Isfahan high school 1996.** Ashoori Elahe, Pahlavanzadeh Saeed, Mehrabi Tayebbeh. Feb 1997 , level :master

2-**Familial characterizes at depressive individual.** Fakari Hosein,Ghazavi Zahra, Mehrabi Tayebbeh .November 1999 . level : Master

3- **Effect of the desensitization on the reducing anxiety.**,Gamhiri Reza, Pahlavanzadeh Saeed Mehrabi Tayebbeh January 2001

4-**The study of effect of Cognitive behavioral counseling on body image in women underwent mastectomy.**,Ganighorban Mozhgan Fadaei Simin, Mehrabi Tayebbeh December 2003 , level : Master

5-**Investigation of job – stress and general health in nurses .**,Parvin Neda, Mehrabi Tayebbeh Yazdani Mohsen. June 2003 , level : Master

6- **The effect group therapy on depression and anxiety levels of the patients with MI.**,Sheikholeslami Farzaneh, Mehrabi Tayebbeh ,Ghazavi Zahra,Nasiri Mahmood. February 2003 , level : Master.

7-**The experience women saved from suicide** Heidari Pooran,Madani Gholamreza,Tavakkol Khosrow, Mehrabi Tayebbeh.October 2005 , level : Master

8-**Mother's attitude concerning parenting style and growth and development of primary school students .***Yazdani Mozhgan, Fathizadeh Nahid* , Mehrabi Tayebbeh

9-**Nurses`experiences of working in the psychiatric wards.**,Fanian Nasrin, Mehrabi Tayebbeh Ghazavi Zahra , Zargham Ali . September 2005 , level:Master

10-**The effect of acquiring life skills through humor on social adjustment rate of the female student.** *Jahangir Maghsoudi, Nazanin Hashemi sabour, Mohsen Yazdani, Tayebbeh Mehrabi.* IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 15, No 4 (2010) - *Original Article*

11-The impact of group therapy training on social communications of Afghan immigrants-2008, *Tayebeh Musavi, Tayebeh Mehrabi, Zahra Ghazavi, Zahra Zandieh, Ahmadreza Zamani,* level:Master

12- Reviewing the effect of nursing interventions on delirious patients admitted to intensive care unit of neurosurgery ward in Al-Zahra Hospital, Isfahan University of Medical Sciences 2010, *Shima Safazadeh, Asghar Khalifezadeh, Tayebeh Mehrabi, Bahram Amin Mansour* level:Master

13-Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses2010, *Fatemeh Lohrasbi, Zahra Ghazavi ,Tayebeh Mehrab* level:Master

14-Assessing the Effectiveness of Interpersonal Communication Skills Training on Job Satisfaction among Nurses in University Hospital of Isfahan in 2011, *Kobra Ahmadi Akhormeh, Abdollah Rezaei Dehaghani Tayebeh Mehrabi*

15--The effect of yoga on coping strategies among ICU nurses. *Tayebeh Mehrabi, Fatemeh Azadi, Saeid Pahlavanzadeh, Niloofer Meghdadi.*

16- The effect of Rosmarinus herbal tea and cacao on occupational burnout in Iran Chemical Industry Investment company employees.2013 *Somayeh Gorji, Tayebe Mehrabi, Behzad Zolfaghari*

17-Effect of peer education in school on sexual health knowledge and attitude in girl adolescents.2014. *Hatami M, Kazemi A, Mehrabi T*

18-The effect of the fragrances lavender on the prevention of stress, anxiety and depression in postpartum women admitted to Charity Hospital Haji Karim Asali of Khorramabad in 2014. *Akram Mansouri. Maryam Kianpour. Tayebeh Mehrabi*

19-The role of self-efficacy and assertiveness in aggression among high-school students in Isfahan.2014. *ShahlaKhademi Mofrad. Tayebeh Mehrabi*

20-Assessment of the effect of the cognitive behavioral intervention on the achievement motivation and exhaustion of the female nursing students of the Isfahan University of Medical Sciences, 2013. *Somayeh Behzadi .Tayebe Mehrabi, Moosa Alavi*

21-The effect of group teachingcommunication skillswith religious approach on social adjustment in femalestudents in Isfahan Medical Dormitories ,2013. *Zahra Ahmadi Beni, Tayebeh Mehrabi, Alireza amini*

22-The effect of need-oriented educational intervention on the General Health of the elderly living in Sadeghiyeh nursing home Isfahan in 2013.Elahe Zare,Zahra Zandiyeh, Tayebeh Mehrabi Masood Shiri

23- The effect of stress management program on self- efficacy in mothers children with thalassmia2014.Fatemeh Jagermaneh .Zohreh Ghazavi.Tayebeh Mehrabi. . Mostafa Najafi

24-survey of nurses' awareness of patient safety culture in neonatal intensive care units.2014 Hemmat F, Atashzadeh-Shoorideh F, Mehrabi T, Zayeri F

25-Relationship between fatigue and sleepiness with general health of mothers in the postpartum period.2015.*Nafiseh Khayamim, Parvin Bahadoran, Tayebeh Mehrabi*

26-comparison of two methods puppet show and storytelling on children's behavioral problems.2015. Zohre Ghazavi Tayebeh mehrabi

27-Relationship between self-distinguish and attitude about inter profession relationship between physician and nurse in hospitals (Isfahan/ Iran)2016. Meisam Jafari, Moosa Alavi ,Alireza Irajpour,Tayebe Mehrabi

28-The effect of mobile parenting skills education on anxiety of the mothers and symptoms of autistic children, selected centers in Isfahan in 2015. *Zahra Haji abolhasani Nargan, Tayebeh Mehrabi . Mostafa Najafi*

29-Relationship social problem-solving, dysfunctional attitude and risk of substance abuse in students living in dorms.2015. Ehteram Nasr Azadani, Tayebeh Mehrabi, Jahangir Maghsoudi

30-Investigation the effect of emotional intelligence training on self-efficacy and quality of life in women with multiple sclerosis referred to the Kashani medical center of the Isfahan University of Medical Sciences in 2015 Zahra Mehrabi, Fateme Nazari, Tayebe Mehrabi

31-The association of spiritual experiences and life satisfaction with death anxiety among elderly attending Neyshabor city health care centers in 2015. Mina Taghiabadi, Tayebe mehrabi, Mahrokh keshvari

32-Relationship between emotional intelligence and conscience of nurses employed in hospitals affiliated to Isfahan University of Medical Sciences.2016. Sayed Mostafa Heydari Yazdi, Tayebeh Mehrabi, Mousa Alavi

Book:

1 **.Mental health and psychiatric nursing** .(Translated)Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty.Kankash Pub.2002.Isfahan.IRAN

2- **Psychiatric Emergencies** . Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty Boshra Pub.2006.Isfahan.IRAN

3-Medical Surgical Nursing.3th Book(Translated)Academic members of Nursing and Midwifery Faculty. Isfahan University Of Medical Sciences Pub.2005

4-Medical Surgical Nursing.6th Book(Translated)Academic members of Nursing and Midwifery Faculty. Isfahan University Of Medical Sciences Pub.2005

Professional Experiences:

Vice-Chancellery for Cultural and Students Affairs in faculty

1-"Workshop of Game Therapy"2 July2016 Nursing &Midwifery Care Research.IsfahanUniversity of Med.Science Iran