

Curriculum Vitae



1. Personal Information:

First Name: **Zahra**
Surname: **Ghazavi**
Place of Birth: IRAN- Isfahan
Nationality: Iranian
Marital status: Marriage
Age: 53
Sex: Female

Address:

Psychiatric Nursing Dept.
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Current Position:

Academic Member Faculty of Nursing & Midwifery

Research Line:

Family Psychiatric Health

2. Qualification

Academic Qualification

BSc in Nursing at Isfahan University of medical sciences, 1986
Msc in Psychiatric Nursing at Isfahan University of medical sciences,1994

3. professional Membership

- ❖ **Iranian Nursing Organization (Member)**
- ❖ **Social Psychiatry Center in Isfahan (Member)**
- ❖ **Behaviour Sciences Center in Isfahan (Member)**

4. Background

a. Current Position

Academic Member Faculty of Nursing & Midwifery

b. Employment History

Instructor of Psychiatric Nursing

1988- Continue Lecturer at Isfahan University of Medical Sciences

c. Other Relevant Experience

1987-1988 Staff Nurse in Specialized Clinic

1982-1983 Teacher in school

5. Research Grants as Principal Investigator (Research Projects)

- 1- Comparing the current process of psychiatric patients discharge from psychiatric wards of the Isfahan University of Medical Sciences hospitals and the standard process . Elaheh Ashori, Saeid Pahlavanzadeh, Zahra Ghazavi Tayebe Mehrabi Jahangir Maghsoudi Ganjeh, Mohsen Yazdani, Mahmoud Nasiri Rezvan Ismaeili 2005**
- 2- Investigation of family function of children with behavioral disorders. Zahra Ghazavi, Tayebeh Mehrabi.2006**
- 3- Investigation the effect of psychological interventions on mental status of female students with behavioural disorders. Tayebeh Mehrabi, Zahra Ghazavi, 2012**
- 4- A comparative study of stress and anxiety before and after Ramadan among managers in various wards of the Isfahan University of Medical Sciences. Zahra Ghazavi, Tayebeh Mehrabi.2007**

5- Experiences of university faculty members regarding communication in work environment. 2010

6. Publications:

a.Books

1- Communication Skills in Psychiatric Ward. Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty Isfahan University of Medical Science Publishing. 2013. Isfahan. IRAN

2- Mental health and psychiatric nursing .(Translated)Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty.Kankash Pub.2002.Isfahan.IRAN

3- Nursing care in Psychiatric Emergencies . Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty Boshra Pub.2006.Isfahan.IRAN

4- Medical Surgical Nursing. 3th Book(Translated)Academic members of Nursing and Midwifery Faculty. Isfahan University Of Medical Sciences Pub.2005

5- Medical Surgical Nursing.7th Book(Translated)Academic members of Nursing and Midwifery Faculty. Isfahan University Of Medical Sciences Pub.2006

b. Presentations (Conference)

1*To evaluate parental beliefs on the origins of the dental fear in 6-12 year old children referring to pediatric department “ International congress of applied psychology”.Melbourn.AUSTRALIA 2010

2* Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses” 2nd International Congress on Neurobiology, Psychopharmacology & Treatment Guidance” Thessaloniki Gresse 2011

3 * The effect of psychological interventions with behavioral and Mental health problems among female students of dormitories at Isfahan university of medical / science.1th International conference on Health & Wellbeing.6-9May 2014 Isfahan IRAN “NMRC” Esfahan IRAN 2014

4 * Effect of group hope therapy program on depression of diabetics Zahra Ghazavi¹, Firouz Khaledi² Diabetes” Asia 2012 Conference” Kuala Lumpur Malaysia17-21,2012

5*Exercise and Mental Health of Women “The National Congress of Women Health” Esfahan IRAN 2014

6 *training communication skill using group psychoeducation method on psychiatry ward nurses, Kerbala Iraq 2012

7*The Efficacy of hope therapy on hope among the diabetic Patients “Educational Development for Better Health Services” Esfahan IRAN 2013

8* Investigation of family functionof children with behavioral disorders “New finding in Pediatric” Esfahan IRAN 2009

9*Critical Thinkiing in Nurse Students “ Operative Skills Esfahan IRAN 2009

10* Psychiatric Mental Health Nursing “ PCC 2007 -Geneva. 2007”; Geneva.swiss

11 * Psychiatric reactions made by the burned patients “28th Nordic Congress of Psychiatry NCP2006. 2006”; FINLAND:Tampere

12*Investigation the effect Ramadan on personel,s stress of the Isfahan University of Medical Sciences “Life Style & Health” Yasooj IRAN 2010

13*Investigation of experiences of ECT” National congress"Chronic Diseases"Ramsar IRAN 2010

14*To define factors of stressor in families with depressive member “brain&behaviour”. 2005; Greece-Tessoloniki

15*Aromatheraphy “Complementary Medicne” Esfahan IRAN2010

- 16*The effect of group therapy on anxiety levels of the patients with myocardial infarction”Cardiovascular Congress” Kish IRAN 2011**
- 17*knowledge of nursing personnel working in psychiatric wards of drugs,Mains,Germani2004**
- 18*Comprative define stressors in family with depression patient” Stress related diseases”. 2004; Shiraz -Iran.**
- 19* The effect of Saffron and honey mixed on depressive symptoms “Complementary Medicne” Esfahan IRAN 2014**
- 20*Pain Management Nursing Role in psychosomatic pain “psychosomatic Medicne” Esfahan IRAN 2011**
- 21*Psychological aspects and counseling for children with cleft palate “cleft palate Congress” Esfahan IRAN 2012**
- 22 *Spirituality therapy on stress and chronic anxiety emergency medical technicians “Community Oriented Cares in Chronic Diseases” Esfahan IRAN 2011**
- 23 *Comparison of the general health of addicts referring to addiction “National Congress of Social Pathologies” Esfahan IRAN 2011**
- 24 *Addicts readiness for change and treatment center “National Congress of Social Pathologies” Esfahan IRAN 2011**
- 25* Effects of group therapy on Depression following myocardial infarction “2th International Preventive Cardiology Congress “ Shiraz IRAN 2013**
- 26 *Health from the perspective of Surah Kahf “Healthy Lifestyle Development of Nursing and Midwifery Care” Booshehr IRAN 2013**
- 27 The most secret sexual assault violence against women “National Congress of Social Pathologies” Esfahan IRAN 2011**
- 28*The Relation between the usual life and Urticaria “psychosomatic Medicne” Esfahan IRAN 2011**

- 29 *Investigation of Family Function with depressive patients “
Communitu Health nursing Reaserch”2003,Reading,England.**
- 30 *Study of characteristic in family with depressive patients
”Women&ChildrenInternational Congress”2003,Bancok,Tailand.**
- 31 *Nursing roles in mental health,1995 ,Isfahan IRAN**
- 32 *Burn and psychology reactions 1995 ,Isfahan IRAN**
- 33 *Occupation therapy in CVA 1996 ,Isfahan IRAN**
- 34 * Study of characteristic in family with depressive patients 2000
Tabrriz,IRAN.**
- 35 *Relation with aggressive and use of restrain , simulative drugs
2000,Isfahan IRAN.**
- 36 *Post partum psychosis 2000,Isfahan IRAN .**
- 37 *Education Social Skills in Schizophrenia. 2001,Isfahan IRAN**
- 38* knowledge of nursing personnel working in psychiatric wards of
drugs,2003 Isfahan IRAN**
- 39 * Comprative define stressors in family with depression patient
Stress related diseases.2004,Shiraz,IRAN.**
- 40 *Investigation Public Health in First School Children.2006 Isfahan
IRAN.**
- 41*grouphtherapy in MI Research in nursing. 2004, Isfahan IRAN**
- 42 *Relation between burn and psychology reactions 2004 Esfahan
IRAN**
- 43* Crisis and religious Nursing&Midvifery journal. 1995 Isfahan
IRAN**

c. Articles

1 *Effect of hope therapy on the hope of diabetic patients Iranian Journal of nursing and midwifery research; 20(1):75-80. 2015 IRAN

2*ANALYZING THE RELATIONSHIP BETWEEN NURSING INCIVILITY AND NURSES' SATISFACTION CASE OF SELECTED MEDICAL CENTER AFFILIATED WITH ISFAHAN UNIVERSITY OF MEDICAL SCIENCE Journal of Health, Sport and Tourism ISSN: 2078-0273, Vol. 6. No. 1, 2015 Armanestan

3* Effect of psychological interventions on mental status of female students with behavioural disorders . Iranian journal of Psychiatric nursing Vol.2 No.4 Winter 2014 IRAN

4* The effect of group psycho-educational program on quality of life in families of patients with mood disorders Iranian Journal of Nursing and Midwifery Research | January-February 2014 | Vol. 19 | Issue 1 IRAN

5* Effect of family education program on depression, anxiety and stress of family caregivers of individuals with dementia . Journal of Nursing Education Vol. 3, No. 1 Autumn 2014 IRAN

6*The impact of group therapy training on social communications of Afghan immigrants Tayebeh Mehrabi,Tayebeh Musavi, Zahra Ghazavi, Zahra Zandieh,Ahmadreza Zamani IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCHVol 16, No 2 (2011) IRAN

7*Experiences of university faculty members regarding communication in work environment Tayebeh Mehrabi, Zahra Ghazavi, Mitra Malbousizadeh.IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 15: Special Issue, 2010- Original Article IRAN

8 * Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses . Zahra Ghazavi, Fatemeh Lohrasbi, Tayebeh Mehrabi.IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 15: Special Issue, 2010 395-400.1- Original Article IRAN

9*Comparing the current process of schizophrenic patients discharge from psychiatric wards of the Isfahan University of Medical Sciences

hospitals and the standard process. Elaheh Ashori*, Saeid Pahlavanzadeh, Zahra Ghazavi Tayebe Mehrabi Jahangir Maghsoudi Ganjeh, Mohsen Yazdani, Mahmoud Nasiri Rezvan maeili*.IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 14, No 4 (2009) - Original Article IRAN

10*The effect of group therapy on depression and anxiety levels of the patients with myocardial infarction. Mehrabi Tayebeh, Sheikholeslami Farzaneh, Ghazavi Zahra, Nasiri Mahmood. Nursing & midwifery research . Vol 9, No 3 (2006)- Original Article IRAN

11*The effects of family education program on the caregiver burden of families of elderly with dementia disorders, IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH. Vol . 15, No. 3 2010 IRAN

12* Reviewing the parental standpoint about origin of the dental fear in children referred to dentistry... Iranian journal of nursing and midwifery research 02/2011; 16(1):133-9. IRAN

13*body image and Body Mass Index in adolescent. journal of research Behavioural Science. Vol 3, No 1, Autumn & Summer 2005.39-44 IRAN

14*Nurses' experiences regarding working in the psychiatric wards and its physical outcomes. Mehrabi Tayebeh, Fanian Nasrin, Ghazavi Zahra , Zargham Ali. Nursing & midwifery research Vol 11, No 1 (2006) - Original Article IRAN

15*Association between body image and Body Mass Index in teenagers Nursing journal. 2004 IRAN

16*Familial characteristics at depressive individual. Ghazavi Zahra, Fakari Hosein Mehrabi Tayebeh. Nursing & midwifery research .2003:13 IRAN

17*knowledge of nursing personnel working in psychiatric wards of drugs 2004 IRAN

18 *Relation between burn and psychology reactions. Nursing & midwifery research, No 8 1998 - Original Article IRAN

19 *Crisis and religious Nursing & midwifery research . 1995 IRAN

20* Effect of a family oriented communication skills training program on depression, anxiety and stress in older adults: randomized clinical trial Nursing and Midwifery Studies 2015 IRAN

D. Theses Supervision

1-Familial characterizes at depressive individual. Fakari Hosein,Ghazavi Zahra, Mehrabi Tayebeh .November 1999 . level : Master

2- The effect group therapy on depression and anxiety levels of the patients with MI.,Sheikholeslami Farzaneh, Mehrabi Tayebeh ,Ghazavi Zahra,Nasiri Mahmood. February 2003 , level : Master

3-Nurses`experiences of working in the psychiatric wards.,Fanian Nasrin, Mehrabi Tayebeh Ghazavi Zahra , Zargham Ali . September 2005 , level:Master

4- Association between body image satisfaction with depression and Body Mass Index in teenagers. Pahlavanzadeh Saeed, Jahangir Maghsoudi, Ghazavi Zahra 2003, level:Master

5 - The impact of group therapy training on social communications of Afghan immigrants,Tayebeh Musavi, Tayebeh Mehrabi, Zahra Ghazavi, Zahra Zandieh,Ahmadreza Zamani, 2008 level:Maste

6 -Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses , Fatemeh ohrasbi, Zahra Ghazavi ,Tayebeh Mehrabi 2010, level:Master

7- Reviewing the parental standpoint about origin of the dental fear in children referred to dentistry, Keshani Fateme, Jafarzade Mahdi, Ghazavi Zahra 2010, level:Master

8- Effect of hope therapy on the hope of diabetic patients Iranian, Khaledi Firooz, Ghazavi Zahra, Kajbaf Mohammad Bagher 2012 level:Master

9- The impact of mental training program on family life quality of patients with chronic mental disorders hospitalized in selected hospitals of Isfahan University of Medical Science in, Dehkhoda Fateme, Ghazavi Zahra, Yazdani Mohsen 2013, level:Master

10- The relationship between nursing incivility and job satisfaction among nurses in selected hospitals of Isfahan University of Medical Science, Bani adam Mohammad, GHazavi Zahra, Alavi Mousa, 2013 , level:Master

11- The effect of cognitive behavioral management program on quality of life of patients with psychosomatic disorders,Esmat Rahimi, Mohsen Yazdani, Zahra Ghazavi 2013, level:Master

12-The effect of happiness training program on happiness, stress, anxiety and depression in nurses, Mardany Zahra, Ghazavi Zahra, Pahlavanzade Saeed 2014, level:Master

13- The effect of family-oriented communication skills training on depression, anxiety, stress and quality of life for seniors and caregivers,Simin Feshangchi, Zahra Ghazavi, Mousa Alavi, Keshvari 2015, level:Master

7. University Service

a. Teaching:

Patient Education to Nursing Students (BSc)

Psychiatric Nursing to Nursing Students (BSc)

Sochial Psychology to Nursing Students (BSc)

Mental Disorders to Nursing Students (BSc)

(Person &Family & group) therapy to Nursing Students (MSc)

Pediatric Mental Disorders to Nursing Students (MSc)

Nursing Concepts & Theories to Nursing Students (MSc)

Geriatric Mental Disorders to Nursing Students (MSc)