

## Curriculum Vitae

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**NAME:** Zahra Shafiei

**POSITION TITLE:** Instructor

### RESEARCH IDS

Item	Value	Web address
ORCID	0000-0001-9779-6663	<a href="https://orcid.org/0000-0001-9779-6663">https://orcid.org/0000-0001-9779-6663</a>
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### EDUCATION AND TRAINING

INSTITUTION AND LOCATION	DEGREE (if applicable)	Start Date MM/YYYY	Completion Date MM/YYYY	FIELD OF STUDY
Isfahan University of Medical Sciences, Isfahan, IRAN	M.Sc.	09/2008	09/2010	Medical Surgical Nursing
Isfahan University of Medical Sciences, Isfahan, IRAN	B. S	09/2005	04/2008	Nursing
Isfahan University of Medical Sciences, Isfahan, IRAN	Associate degree	09/2002	04/2004	Operating room

### RESEARCH INTEREST

My research is focused on Nursing care in the operating room

### POSITIONS AND EMPLOYMENT

2017 - Present      Department of Operating Room, Nursing & Midwifery Faculty, Isfahan University of  
Medical Sciences, Isfahan, IRAN

2011 - 2017	Department of Operating Room, Nursing & Midwifery Faculty, Shahrekord University of Medical Sciences, Shahrekord, IRAN
2010 - 2011	Surgical Technologist, Espadana Clinic, Isfahan, IRAN

## PUBLICATIONS AND CONTRIBUTIONS

### Peer-reviewed paper

1. Babae S, Shafiei Z, Mir Mohammad Sadeghi M, Yazdan Nik A, Valiani M. Effectiveness of massage therapy on the mood of patients after open-heart surgery. *Iranian Journal of Nursing and Midwifery Research*. 2012 ; 17(2) (Special): s 120-4.
2. Z Shafiei, S Babae, A Nazari. The effectiveness of massage therapy on depression, anxiety and stress of patients after coronary artery bypass graft surgery. *IRANIAN JOURNAL OF SURGERY* 2013; 21 (1), 0-6
3. Atashi V, Mohammadi F, Dalvandi A, Abdollahi I, Shafiei Z. Effect of slow stroke back massage on anxiety in patients with stroke-A randomized clinical trial. *Journal of Clinical Nursing and Midwifery* 2014; 2 (4), 45-52
4. Shafiei Z, Nourian K, Babae S, Nazari A. Effectiveness of light pressure stroking massage on pain and fatigue of patients after coronary artery bypass graft surgery-A randomized clinical trial. *Journal of Clinical Nursing and Midwifery* 2013; 2 (3), 28-38.
5. Shafiei Z, Babae S, Nazari A. Relationship between mood state and quality of life in patients undergoing coronary artery bypass graft surgery. *Iran Journal of Nursing* 2013; 26 (83), 57-67.
6. Shafiei Z, Babae S, Nazari A, Atashi V. The effect of massage therapy on sleep quality of patients after coronary artery bypass graft operation. *Iranian Journal of Cardiovascular Nursing* 2013; 2 (2), 22-29.
7. Shafiei Z, Nourian K, Babae S, Nazari A, Atashi V. Effectiveness of massage therapy on muscular tension and relaxation of patients after coronary artery bypass graft surgery-a randomized clinical trial. *Journal of Clinical Nursing and Midwifery* 2014; 2 (4), 8-16
8. Shafiei Z, Babae S, Nazari A. Relationship between self efficacy and quality of life in coronary artery bypass graft surgery in Isfahan Chamran Hospital, 2010-2011. *IRANIAN JOURNAL OF SURGERY* 2014; 22 (1), 64-72.
9. Vardanjani LR, Parvin N, Shafiei Z, Safdari F Dehcheshmeh. Assessment of uncivil behaviors of teachers and students in nursing and midwifery faculties of Shahrekord. *Development Strategies in Medical Education* 2016; 3 (2), 25-37.
10. Vardanjani LR, Parvin N, Shafiei Z, Safdari F Dehcheshmeh. Incivility behavior training of teachers and students in nursing and midwifery department of Shahrekord. *Development Strategies in Medical Education Journal* 2016; 3 (2), 25-37
11. Shafiei Z, Babae S, Sadeghi MM Yazdannik, AR, Nazari A. Effectiveness of light pressure stroking massage on the vital signs of patients after coronary artery bypass graft surgery hospitalized in Isfahan chamran hospitals. *J Hamadan Nurs Mid Faculty* 2013; 21 (3), 14-23.
12. M Kabusi, P Sepehr, N Amanat, M Poour Sadeghian, H Tahghighi, Salabadi A, Ebrahimpour Roodposhti M, shafiei z, Eshaghzadeh M. Psychological effects of the outbreak of covid-19 on the mental health of healthcare workers in Iran. *Iranian Rehabilitation Journal* 2022; 20 (3), 0-0
13. Shafiei Z ,Rafiee Vardanjani, L. The Importance of Paying Attention to Social Stigma Imposed on the Healthcare Workers during the Covid-19 Pandemic: A Letter to the Editor. *Journal of Rafsanjan University of Medical Sciences* 2017; 20 (10), 1169-1174
14. Beni HH, Shafiei Z, Ghadami A. A Comparative Study of the Manual, Automated, and Ultrasonic Surgical-Instrument Cleaning Methods. *Journal of Iranian Medical Council* 2022.
15. Shafiei Z, RAFIEE VL. EFFECTIVENESS OF LIGHT PRESSURE STROKING MASSAGE THERAPY ON PATIENTS'SATISFACTION AND QUALITY OF PAIN CONTROL AFTER CORONARY ARTERY BYPASS GRAFT SURGERY. *IRANIAN JOURNAL OF SURGERY* 2017; 25 (1), 70-79.
16. Atashi V, Mohammadi S, Salehi Z, Shafiei Z, Savabi-Esfahani M, Salehi K. Challenges related to health care for Iranian women with breast cancer during the COVID-19 pandemic: A qualitative study. *Asian Journal of Social Health and Behavior* 2023; 6 (2), 72
17. Kabusi M, Razavinasab SA, Ivanbagha R, Khedri B, Khazerlou Z, Zamani Z, Shafiei Z. Assessing the Effects of Acceptance-Commitment and Psychodrama Therapies in Nurses with Social Anxiety Disorder. *Iranian Rehabilitation Journal* 2023; 21 (1), 0-0
18. Roozbehani R, Fatemi A A, Zamani Z, Khedri B, Arefkia K, Kabusi M, Shafiei Z. Impact of Short Message System Education on Blood Sugar Control and Treatment Adherence in Patients With Type 2 Diabetes. *Iranian Rehabilitation Journal* 2022; 20 (4) :549-560.
19. Ghabimi H, Mashhadi M, Rostamvand M, Shafiei Z, Tahmasbi Z. The effect of controlled sedation based on Richmond scale on the duration of mechanical ventilation in patients admitted to ICU. *International Journal of Health Sciences* 2022; 6 (s4), 8460-8469

## Oral presentations

1. Examining the knowledge of emergency medical technicians about the contraindications of the drugs in the ambulance in the road emergency centers in 2009
2. Prevalence of the use of complementary medicine in hemodialysis patients, the second national conference on the care and treatment of patients with complementary and alternative medicine. Esfahan, 2014.

## Poster presentations

1. Massage as an effective way to improve mood in persons with spinal cord injury, 4<sup>th</sup> national congress on spinal cord injuries, Tehran, February, 13-15, 2013.
2. The relationship between mood and social support in persons with spinal cord injury, 4th national congress on spinal cord injuries, Tehran, February, 13-15, 2013.
3. Effectiveness of massage therapy on sleep quality of patients after coronary artery bypass graft surgery. 1st International Nursing & Midwifery Conference on Health and Wellbeing. NMRC 2014.
4. Effectiveness of light pressure stroking massage on pain and fatigue of patients after coronary artery bypass graft surgery. 1st International Nursing & Midwifery Conference on Health and Wellbeing. NMRC 2014.
5. The study of mood and level of social support in patients with epilepsy, Mashhad, the first international epilepsy congress, December 10-13, 2010.
6. Sexual dysfunction in women with epilepsy, , Mashhad, the first international epilepsy congress, December 10-13, 2010.
7. Seizure and nutrition, Mashhad, the first international epilepsy congress, December 10-13, 2010.
8. Stigma of epilepsy, Mashhad, the first international epilepsy congress, December 10-13, 2010.
9. Effectiveness of massage therapy on the mood of patients after coronary artery bypass graft surgery, 1 st international cardiac surgery congress in Mazandaran, 8-10 May 2013.
10. Effectiveness of massage on the vital signs of patients after open heart surgery ,1 st international cardiac surgery congress in Mazandaran, 8-10 May 2013.

## Books Translations

## PROFFESIONAL SERVICES

### Organizing Workshops

1. Suture techniques training with virtual reality approach, Isfahan University of Medical Sciences, 2018, Isfahan, IRAN.
2. Disinfection and sterilization seminar in Mashhad, 2010
3. the first National Epilepsy Congress, December 2009.
4. The first international health and wellness nursing and midwifery seminar in Isfahan 2014
5. National emergency nursing conference, Tehran, 2010
6. The 3rd Tehran Breast Cancer Congress 2009.
7. The 7th Epilepsy Seminar, Tehran, 2010.

## TEACHING EXPERIENCE

2017	Principles and techniques of the performance of Scrub and Circular (Theory)	Surgical Technology, B.S
2017	Principles and techniques of the performance of Scrub and Circular (Practical)	Surgical Technology, B.S
2018	Skin surgery technology	Surgical Technology, B.S
2019	Emergency surgery technology	Surgical Technology, B.S
2018	Operating room tools and equipment	Surgical Technology, B.S
2012	ENT surgery technology	Surgical Technology, B.S

## WORKSHOP AND TRAINING

1. Course Plan in Virtual Education. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
2. Homework Design. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
3. Virtual Morning Report. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
4. Plagiarism. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.