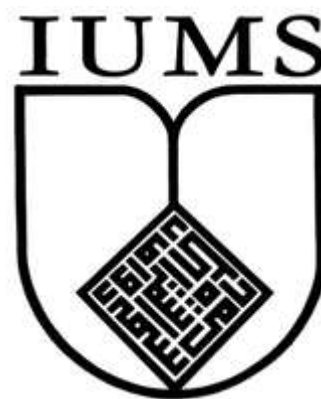


## Curriculum Vitae



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**NAME:** Saeid Amini Rarani

**POSITION TITLE:** Instructor

### RESEARCH IDS

| Item             | Value               | Web address   |
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| ORCID            | 0000-0003-4700-0211 | <a href="https://orcid.org/0000-0003-4700-0211">https://orcid.org/0000-0003-4700-0211</a>   |
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| Scopus Author ID | 57192817095         | <a href="https://www.scopus.com/authid/detail.uri?authorId=57193558658">https://www.scopus.com/authid/detail.uri?authorId=57193558658</a> |

### EDUCATION AND TRAINING

| INSTITUTION AND LOCATION                                 | DEGREE<br>(if applicable) | Start Date<br>MM/YYYY | Completion Date<br>MM/YYYY | FIELD OF STUDY           |
|--|---------------------------|-----------------------|----------------------------|--------------------------|
| Isfahan University of Medical Sciences,<br>Isfahan, IRAN | M.Sc.                     | 09/2013               | 09/2016                    | Medical Surgical Nursing |
| Isfahan University of Medical Sciences,<br>Isfahan, IRAN | B.S                       | 01/2009               | 01/2013                    | Surgical Technology      |

### RESEARCH INTEREST

My research is focused on Perioperative and Surgical Care, Complementary and Alternative Medicine

### HONORS AND AWARDS

- 2017 Member of Iran's National Elite Foundation.
- 2016 Organizer of Jihadi Medical Camp, Isfahan University of Medical Sciences, Isfahan, IRAN.
- 2012 Selected academic student, Isfahan University of Medical Sciences, Isfahan, IRAN.
- 2012 Member of Talented Students, Isfahan University of Medical Sciences, Isfahan, IRAN.

## POSITIONS AND EMPLOYMENT

|                |  |
|----------------|--|
| 2019 - Present | Department of Operating Room, Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, Isfahan, IRAN |
| 2018 - 2019    | Clinical Supervisor, Hojjatieh Medical Centre, Isfahan, IRAN   |
| 2017 - 2018    | Surgical Technology, Eghbal Medical Centre, Tehran, IRAN   |
| 2015 - 2017    | Head Nurse of Operating Room, Hojjatieh Medical Centre, Isfahan, IRAN  |
| 2014 - 2015    | Instructor, Azad Islamic University, Isfahan, IRAN   |
| 2013 - 2015    | Surgical Technology, Hojjatieh Medical Centre, Isfahan, IRAN   |
| 2010 - 2013    | Surgical Technology, Aban Clinic, Isfahan, IRAN  |

## PUBLICATIONS AND CONTRIBUTIONS

### Peer-reviewed paper

1. **Amini Rarani S**, Rajai N, Sharififar S. Effects of acupressure at the P6 and LI4 points on the anxiety level of soldiers in the Iranian military. *BMJ Military Health*. 2020: 1-5.
2. Shaeri M, Armanian AM, **Amini Rarani S**, Valiani M, Ghadami A. Effects of Abdominal Massage on the Weight Gain of Preterm Infants Hospitalized in Selected Hospitals of Isfahan, Iran: A Randomized Controlled Clinical Trial. *International Journal of Pediatrics*. 2018 Sep 1; 6(9):8153-60.
3. Ghadami A, Abedi B, Abarghooe JP, **Rarani SA**. The Combined Effect of Resistance Training and Green Tea Supplements on the Lipid Profile and Anthropometric Indices of Overweight and Obese Males. *Zahedan Journal of Research in Medical Sciences*. 2018 Jul; 20(7).
4. Abedi B, Poorfahkimi Abarghu J, Ghadami A, **Amini Rarani S**. The effects of resistance training and green tea supplementation on lipid profile and insulin resistance in obese and overweight men. *Complementary Medicine Journal of faculty of Nursing & Midwifery*. 2017 Jun 15; 7(1):1767-76.
5. Shaeri M, Ghadami A, Valiani M, Armanian AM, **Amini Rarani S**. Effects of abdominal massage on feeding tolerance in preterm infants hospitalized in selected hospitals of Isfahan-Iran. *International Journal of Pediatrics*. 2017; 5(3):4503-10.
6. **Amini Rarani S**, Ghadami A, Malekirad AA, Yousefi H, Mani K. The effect of consuming green tea on blood oxidative biomarkers in operating room personnel. *Journal of Arak University of Medical Sciences*. 2017 Jan 10; 19(10):1-8.
7. Hosseini M, Irajpour AR, Hayrabetian A, Khusravi M, **Rarani SA**, Ghadami A. A study of the views of bachelor students in operating room on evaluation of clinical performance using paper logbook, isfahan university of medical sciences. *Annals of tropical medicine and public health*. 2017 Nov 1; 10(6):1668.
8. **Amini-Rarani S**, Ghadami A, Yousefi H, Mani K. The Effect of Green Tea Consumption on the Body Mass Index. Blood Pressure and Heart Rate of Operating Room Personnel. *Journal of health system research*. 2017; 13(1):1-5.

## Oral presentations

1. **Amini Rarani S.** Introducing the role and position of the Surgical Technology field. 3rd Annual Congress Introducing Academic Courses. 28 July 2015. Isfahan, IRAN.
2. **Amini Rarani S,** Ghadami A, Abedi B. The effect of resistance exercise and green tea supplementation on some cardiovascular risk factors in obese and overweight men. National Congress of Education & Health Services Individuals, Family, Community. 26 February 2017. Isfahan, IRAN.
3. **Amini Rarani S,** Rajaei N, Sharifi far S. The effect of acupressure in P6 and LI-4 points on the anxiety of army soldiers. National Congress of Individual Family and community Health Promotin. 14 November 2019. Isfahan, IRAN.

## Poster presentations

1. **Amini Rarani S.** The effect of music therapy on patients' anxiety before surgery. Comprehensive National Congress of Nursing, Midwifery and Surgical Technology Students. 23 May 2012. Isfahan, IRAN.
2. **Amini Rarani S.** Investigating the role of family in children's drug addiction. National Congress of Social Pathology. 7 March 2013. Isfahan, IRAN.
3. **Amini Rarani S.** A review of various complementary and alternative medicine methods effective in lowering blood sugar in patients with diabetes. 3rd National Congress Prevention & Treatment by Complementary Medicine. 20 November 2014. Isfahan, IRAN.
4. **Amini Rarani S.** The effect of complementary medicine on the management of postoperative nausea and vomiting. 3rd National Congress Prevention & Treatment by Complementary Medicine. 20 November 2014. Isfahan, IRAN.
5. **Amini Rarani S.** The effect of music therapy on pain and vital signs of patients undergoing surgery. 3rd National Congress Prevention & Treatment by Complementary Medicine. 20 November 2014. Isfahan, IRAN.

## Books Translations

Fuller KJ. Surgical Technology, Principles and Practice. Translators: Ghadami A, Karimi A, Kavi E, Ghare zade A, **Amini Rarani S,** Asadi F, Abasian P, Hamule Tahmasebi F. 2020. Publication of Kankash, Isfahan, IRAN.

## PROFFESIONAL SERVICES

### Organizing Workshops

1. Suture techniques training with virtual reality approach, Isfahan University of Medical Sciences, 2018, Isfahan, IRAN
2. Patient Safety, Hojjatieh Medical Centre, 2017, Isfahan, IRAN.
3. Evaluation of nutritional status in hospitalized patients, Hojjatieh Medical Centre, 2017, Isfahan, IRAN.
4. Adverse Drug Reaction, Hojjatieh Medical Centre, 2017, Isfahan, IRAN.
5. Diabetes, Hojjatieh Medical Centre, 2017, Isfahan, IRAN.
6. Advanced Adult Cardiopulmonary Resuscitation, Hojjatieh Medical Centre, 2017, Isfahan, IRAN.

## TEACHING EXPERIENCE

|      |  |                          |
|------|--|--------------------------|
| 2020 | Principles and techniques of the performance of Scrub and Circular (Theory)    | Surgical Technology, B.S |
| 2020 | Principles and techniques of the performance of Scrub and Circular (Practical) | Surgical Technology, B.S |
| 2019 | Orthopedic surgery technology  | Surgical Technology, B.S |
| 2019 | Adult Health Nursing III   | Nursing, B.S             |

## WORKSHOP AND TRAINING

1. Pandemic of Covid - 19: Opportunities and Threats. Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
2. Course Plan in Virtual Education. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
3. Homework Design. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
4. Virtual Morning Report. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.
5. Plagiarism. Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2020, Isfahan, IRAN.