
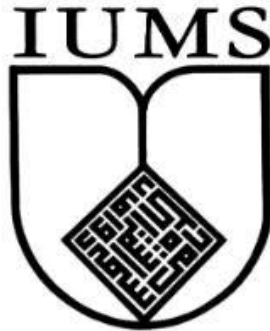


## Curriculum Vitae

	Pediatric and Neonatal Nursing, Nursing and Midwifery Faculty, Isfahan University of medical sciences, HezarJerib.st. Isfahan, IRAN ۸۱۷۴۶-۷۳۴ E-mail: <a href="mailto:namnabat@nm.mui.ac.ir">namnabat@nm.mui.ac.ir</a> Homepage: <a href="http://www.mui.ac.ir">http://www.mui.ac.ir</a>	
		Cell Phone: +۹۸ ۹۱۳۳۲۸۸۲۵. Work Phone: +۹۸ (۳۱)۷۹۲۷۵۰۷

**NAME:** Mahboobeh Namnabati

**POSITION TITLE:** Associate Professor

### RESEARCH IDs

Item	Value	Web address
ORCID	.....۱-۹۹۵۶-۵۵۱۹	<a href="http://orcid.org/.....۱-۹۹۵۶-۵۵۱۹">http://orcid.org/.....۱-۹۹۵۶-۵۵۱۹</a>
Researcher ID	<a href="http://orcid.org/.....۱-۹۹۵۶-۵۵۱۹">http://orcid.org/.....۱-۹۹۵۶-۵۵۱۹</a>	<a href="http://www.researcherid.com/rid/F-۳۷۲-۲۰۱۸">http://www.researcherid.com/rid/F-۳۷۲-۲۰۱۸</a>
Scopus Author ID	F-۳۷۲-۲۰۱۸	<a href="http://www.scopus.com/authid/detail.url?authorId=۳۵۷۵۹۱۹۴۲۰۰">http://www.scopus.com/authid/detail.url?authorId=۳۵۷۵۹۱۹۴۲۰۰</a>
linkedin	-	<a href="https://www.linkedin.com/in/mahboobeh-dr-namnabat-۲۶۲۸۳a۴b/">https://www.linkedin.com/in/mahboobeh-dr-namnabat-۲۶۲۸۳a۴b/</a>

### EDUCATION AND TRAINING

INSTITUTION AND LOCATION	DEGREE (if applicable)	Start Date MM/YYYY	Completion Date MM/YYYY	FIELD OF STUDY
Tabriz university of medical sciences, Faculty of nursing&midwifery	Ph.D.	۳/۲۰۰۹	۰۱/۲۰۱۳	Philosophy in Nursing
Iran university of medical sciences, Faculty of nursing&mid	M.Sc.	۱۱/۱۹۹۲	۶/۱۹۹۵	Family and pediatric nursing
Iran university of medical sciences, Faculty of nursing&midwifery wifery	B.S	۰۹/۱۹۸۶	۰۹/۱۹۹۰	Nursing

### RESEARCH ITEREST

My research is focused on:

Pain in Children, Pediatrics .and infant nursing care, Breastfeeding in infants and education in nursing-qualitative research- home care

### HONORS AND AWARDS

- ۱- ۲۰۱۴ The best researcher in nursing and Midwifery faculty of nursing and midwifery
- ۲- ۲۰۱۵ award in Motahari Festival
- ۳- ۲۰۱۶ award in Motahari Festival
- ۴- ۲۰۱۶ award in Motahari Festival

## POSITIONS AND EMPLOYMENT

- ۱۹۹۰-۹۲ Head Nurse, Najafabad Hospital Isfahan, IRAN
- ۱۹۹۴-۹۵ Nurse in infants Unit in emam Khomeini in Tehran
- ۱۹۹۵-۹۶ Nurse in Midwifery and women unit Khatamol Anbia hosoidal in Tehran
- ۱۹۹۷-۲۰۰۹ Lecturer, Isfahan University of Medical Sciences, IRAN
- ۲۰۱۳-۲۰۱۷ Assistant Professor - Lecturer - Nursing and Midwifery, Isfahan University of Medical Sciences Iran,
- ۲۰۱۷-۲۰۲۲ Associates Professor -Dean of Department Pédiatric and Néonatal Nursing. Association Professor, Isfahan University of Medical Sciences
- ۲۰۲۲—۲۰۲۳- Associates Professor

## PUBLICATIONS AND CONTRIBUTIONS

۱. L Valizadeh, N Ajoodaniyan, M Namnabati, V Zamanzadeh. Nurses' viewpoint about the impact of Kangaroo Mother Care on the mother–infant attachment  
Journal of Neonatal Nursing ۱۹ (۱), ۳۸-۴۳ ۲۰۱۳
۲. A Alavi, Z Abdyzdan, M Namnabati. The comparison of distraction and EMLA Cream effects on pain intensity due to intravenous Catheters in ۵-۱۲ years old thalassemic children  
Journal of Shahrekord University of Medical Sciences ۷ ۲۰۰۵
۳. M Namnabati, EF Azar, S Valizadeh, Z Tazakori. Lecturing or Problem-based Learning: Comparing Effects of the Two Teaching Methods in Academic Achievement and Knowledge Retention in Pediatrics Course for Iranian Journal of Medical Education ۱۰ (۴) ۲۰۱۱
۴. M Namnabati, P Abazari, S Talakoub. Identification of perceived barriers of pain management in Iranian children: A qualitative study  
International journal of nursing practice ۱۸ (۳), ۲۲۱-۲۲۵ ۲۰۱۲
۵. Z Ghazavi, M Namnabati, J Faghihinia, M Mirbod, P Ghalriz, A Nekuie. Effects of massage therapy of asthmatic children on the anxiety level of mothers. Iranian journal of nursing and midwifery research ۱۵ (۳), ۱۳۰ ۲۰۱۰
۶. V Zamanzadeh, M Namnabati, L Valizadeh, Z Badiie. Mothers' Experiences of Infants Discharge in Iranian NICU Culture: A Qualitative Study. Advances in Neonatal Care ۱۳ (۴), E۱-E۷ ۲۰۱۳
۷. F Soroush, A Zargham-Boroujeni, M Namnabati. The relationship between nurses' clinical competence and burnout in neonatal intensive care units. Iranian journal of nursing and midwifery research ۲۱ (۴), ۴۲۴ ۲۰۱۶
۸. A Alavi, A Zargham, Z Abd Yazdan, M Namnabati. Comparison of Distraction effects and cream (EMLA) on pain intensity catheter insertion in children ۱۲-۵ thalassemia. Journal of Shahrekord University of Medical Sciences ۷ (۳), ۹-۱۵ ۲۰۰۵
۹. M Namnabati, S Talakoub, M Mohammadzadeh, F Mousaviasl. The implementation of kangaroo mother care and nurses' perspective of barriers in Iranian NICUs  
Iranian journal of nursing and midwifery research ۲۱ (۱), ۸۴ ۲۰۱۶

۱۰. L Valizadeh, M Namnabati, V Zamanzadeh, Z Badiie ۲۰۱۳  
Factors affecting infant's transition from neonatal intensive care unit to home: A qualitative study. Iranian journal of nursing and midwifery research ۱۸ (۱), ۷۱
۱۱. A Alavi, M Namnabati, Z Abdeyzadeh, N Parvin, N Akbari, V Samipoor Pediatric pain management by nurses in educational hospitals of Shahrekord in ۱۲۰۰۶  
, ...  
Journal of Shahrekord Uuniversity of Medical Sciences ۱۰
۱۲. M Bahrami, M Namnabati, F Mokarian, P Oujian, P Arbon ۲۰۱۷  
Information-sharing challenges between adolescents with cancer, their parents and health care providers: a qualitative study. Supportive Care in Cancer ۲۵ (۵), ۱۵۸۷-۱۵۹۶
۱۳. M Abdoulahi, FS Mousavi Asl, M Delaram, M Namnabati Association of Using Oxytocin during Labor and Breastfeeding Behaviors of Infants within Two Hours after Birth ۲۰۱۷  
Iranian Journal of Neonatology IJN ۸ (۳), ۴۸-۵۲
۱۴. Z Mohamadamini, M Namnabati, M Marofi, B Barekatein Four components of pain management in Iranian neonatal Intensive Care Units: The nurses' and physicians' viewpoint. Journal of education and health promotion ۶, ۶۴-۶۴
۱۵. M Namnabati, V Zamanzadeh, LV Valizadeh, KH Nyqvist ۲۰۱۷  
Theory of Infants' Transition Management from the Neonatal Intensive Care Unit to Home: a Qualitative Study. International Journal of Pediatrics ۵ (۱), ۴۱۵۱-۴۱۶۲
- ۲۰۱۴
۱۶. V Zamanzadeh, M Namnabati, L Valizadeh, Z Badiie. Professional's Efforts to Simultaneously Discharge Infants and Mother from Neonatal Intensive Care Unit in Iran: A Qualitative Study. Journal of caring sciences ۲ (۱), ۳۹ ۲۰۱۳
۱۷. Abdollahi hemati. M Namnabati. Association between newborns' breastfeeding behaviors in the first two hours after birth and drugs used for their mothers in labor, in Isfahan ۲۰۱۶  
Iranian Journal of Child Neurology ۱۲ (۲), ۳۳-۴۰ ۲۰۱۸
۱۸. M Namnabati, F Taleghani, A Sadeghnia. Home-based Care Needs of Preterm Infants Discharged Early from the Neonatal Intensive Care Unit: A Descriptive Qualitative Study  
Iranian Journal of Neonatology IJN ۸ (۴), ۷۴-۸۲ ۲۰۱۷
۱۹. M Namnabati, F Taleghani. Nursing Satisfaction with Medication Care by Using Neonatal Electronic Medication Management Systems. Iranian Journal of Neonatology  
IJN ۸ (۴), ۴۳-۵۶ ۲۰۱۷
- ۲۰- Mothers' challenges after infants' discharge from neonatal intensive care unit: A qualitative study
۲۱. Effect of video feedback on adherence to intravenous insertion standards in nurses of neonatal intensive care unit. Iranian Journal of Neonatology. ۲۰۱۹
۲۲. Challenges for infants' home care: A qualitative study. International Journal of

Pediatrics, ۲۰۱۶, ۴(۶), pp. ۱۸۸۵-۱۸۹۴

۲۳. The effects of a neonatal critical care nurse companionship with parents during hospital-home transfer of preterm infants on mothers' mood status ۲۰۲۰, Nursing and Midwifery Studie

۲۴. support and guide parents on infants problems with home visits and a focus on maternal mental health. Evidence-based nursing. ۲۰۱۹

۲۵. Vancomycin infusion methods on phlebitis prevention in children. ۲۰۱۹. Iranian Journal of Nursing and Midwifery Research

۲۶. The effect of the appraisal interview on nurses' performance in neonatal intensive care units. Iranian Journal of Nursing and Midwifery Research ۲۰۱۹

۲۷. Nurses' learning of Infants' venipuncture based on Kolb's learning theory. Journal of Neonatal Nursing. ۲۰۱۹

۲۸. Efficacy of home phototherapy in neonatal jaundice. ۲۰۱۹. Journal of Comprehensive Pediatrics

۲۹. The study of the cross-reference between educating mothers and the documentation thereof based on the accreditation standards of Iran. ۲۰۱۸. Annals of Tropical Medicine and Public Health

۳۰. The effect of home-based phototherapy on parental stress in mothers of infants with neonatal jaundice. Journal of Neonatal Nursing. ۲۰۱۹

۳۱. Home-based Care Needs of Preterm Infants Discharged Early from the Neonatal Intensive Care Unit: A Descriptive Qualitative Study

۳۲. The Impact Of Empowerment Of Nurses' Communication Skills On Learning The Training Provided To Hospitalized Children's Mothers

۳۳. Four components of pain management in Iranian neonatal Intensive Care Units: The nurses' and physicians' viewpoint

۳۴. Nurses' experiences from pain management in children in Iranian culture: A phenomenology study

۳۵. The study of the cross-reference between educating mothers and the documentation thereof based on the accreditation standards of Iran

۳۶. Improvement of Post-surgery Pain Management in Children: A Participatory Action Research

۳۷. Association of using oxytocin during labor and breastfeeding behaviors of infants within two hours after birth

۳۸. Reduced Mental Workload of Neonatal Intensive Care Unit Nurses through a Self-designed Education Class: A Randomized Controlled Trial

۳۹. Effects of Feeding Nozzle and Cup Feeding on Reaching the Time of Full Oral Feeding in the Premature Infants in the Neonatal Intensive Care Unit

۴۰. The effect of home-based phototherapy on parental stress in mothers of infants with neonatal jaundice.. Efficacy of home phototherapy in neonatal jaundice.

۴۱. Nurses' learning of Infants' venipuncture based on Kolb's learning theory

- ٤٢;Effect of Video Feedback on Adherence to Intravenous Insertion Standards in Nurses of Neonatal Intensive Care Unit
- ٤٣.The effect of the appraisal interview on nurses' performance Vancomycin infusion methods on phlebitis prevention in children
  
- ٤٤.The Effect of the Presence of A Support Nurse on the Safe Transition of Premature Infants from the Neonatal Intensive Care Unit to Home
- ٤٥.The effects of a neonatal critical care nurse companionship with parents during hospital–home transfer of preterm infants on mothers' mood status
  
- ٤٦.The effects of swallowing exercise and non-nutritive sucking exercise on oral feeding readiness in preterm infants: A randomized controlled trial
- ٤٧.The Impact of Kobasa and Maddi Hardiness Model on Stress and Hardiness of Iranian Pediatric Nurses: A Clinical Trial Study
- Management of Comprehensive Care of multiple-birth infants from fetal to infancy period: challenges, training, strategies
  
- ٤٩.Follow-up Plan as a Necessity for Nursing Care. A decrease of Stress in Mothers with their Children in Pediatric Units Improvement of medication error reporting: An applied motivation program in pediatric units
- ٥٠.Effect of a self-help educational program with peer group on anxiety of mothers of children with cancer: A clinical trial study
- ٥١.Perceived Child abuse and Neglect in Hospitalized Children with Special Health Care Needs in Isfahan, Iran
- ٥٢.Effect of COVID-١٩ on High-risk Neonate Home Care Program: An Audit Study
- Effective Factors on Implementation of Pediatric Home Care Program Amid COVID ١٩ pandemic:Facilitators and Barriers
- ٥٣.The Psychological Impact of Covid-١٩ on Mothers with Premature Infants
  
- ٥٤.Identifying the Predictors of Attachment to Preterm Hospitalized Infants during the Covid-١٩ Pandemic: A Cross-Sectional Study
- ٥٥.Strengths, Weaknesses, Threats, and Opportunities a Pediatric Home Care Program in Covid ١٩ Virus Pandemic: A Qualitative Study Home Health Care Management & Practice.
  
- ٥٦.The Impact of a Three-phase Education-Support-Follow-up Program on the Mothers' Perception of the Needs of Their Multiples Infants: A Protocol study for a Clinical Trial
  
- ٥٧.Tele homecare in premature infants' post-discharge early follow-up: A Narrative Review
  
- ٥٨.Development of a Post Discharge Telecare Program for Premature Infants in Covid ١٩ Era: Protocol for a Mixed Methods Study

#### Poster/oral presentations

List congress and workshops (there are some attached files)

١-Canada

١-٢٣ october ٢٠١٧ ٣٣rd Nursing and health care congress Toronto, Canada

Put the Education into Practice: Peer Education for Management of Noise in the NCU

٢.٢٥ october ٢٠١٧ Canada – Toronto.٣٣rd Nursing and health care congress Management of Infants' Transition from the Neonatal Intensive Care Unit to Home: A Grounded Theory Study

٢-Iran

۳-۲۰۱۸ The ۱۵th International Children's Nursing Conference - Tehran

How to Decrease Mothers` Stress levels in Pediatric Surgical Units: Using a four stages the effects of follow up care program On the degree of stress.

۴-۲۰۱۸ The first Congress of Isfahan infants. Effect of feeding nozzle and cup feeding on premature infants reaching full oral feeding time interval in the Neonatal Intensive Care Unit

۵-۲۰۱۸.Palliative care seminar with an interprofessional approach - Isfahan University of Medical Sciences  
Palliative care based on family-centered care for newborns: a case report of a newborn with kidney failure

۶ ۲۰۱۸.Palliative care seminar with an interprofessional approach - Isfahan University of Medical Sciences, the role of the ecological model in the leveling of nursing interventions

۷.۲۰۱۹. IDSMS. Tehran .Iran. Interdisciplinary studies in medical sciences, the challenge of care in twins

۸. ۲۰۱۹.International Conference on Children's Diseases and Pediatric Nursing Conference, the effect of the closed method of simulated training of nursing

۳.DUBAI

۹.۲۰۱۶ NWC- World Nursing Conference - United Arab Emirates (Dubai)  
Help Parents and Use Suitable Plane for discharging of Preterm infants

۱۰. World Congress Pharmaceutcs&Drug Delivery Systems-Dubai Saftey in drug Delivery with  
Elctronic Medication Information Management Systems

۲-IRAN

۱۱.۲۰۱۳ The NIDCAP Federation International UNICEF and MOHEM Of IR Iran Neurodevelopment and  
care of preterm infants ( ۱۱. Attached file)

۱۲.۲۰۱۴ The first international Nursing & Midwifery Congress on Health and Wellbeing. Towards  
Infants`Health Promotion through Mother\_Ifant Rebonding students on the basic resuscitation of newborns

۱۳. ۲۰۱۵<sup>nd</sup>. Neonatal Health Congress, influencing factors: barriers or facilitators

۱۴.۲۰۱۴ .۱۴<sup>st</sup> Neonatal Health Congress on pain management with non-pharmacological methods

.۱۵ ۲۰۱۴ ۱<sup>st</sup> Neonatal Health Congress, the role of the family in developmental care

۱۶. The third national seminar on nutrition, growth and development of infants and children is discharge from  
the neonatal ward for whom? Mother or baby?

۱۷.The third national seminar on the growth and development of infants and children, the principles of gavage  
feeding in premature infants....

۴.Thiland

۱۸.Feb۲۰۰۳ Bangkok-Thiland Impact of issues on women and children The mother`s knowledge of  
Psychological needs Namnabati, akbar sharifi  
AustraliaJun

۱۹.۲۰۰۴ Sydney-Australia ۶<sup>th</sup> Symposium on Pediateic The effect of distraction on the intensity....  
Namnabati M ۲

Spain

۲۰۰۹.Sep ۲۰۰۹ Barclona- Spain ۳th congerss of pain The corolation between characteristic ... Namnabati

۵-Greece

۲۱.Sep ۲۰۰۷ Rhodes-Greece ISOBM The assessment physical's need Namnabati, Akbarsharifi ATTACHED

۶-Hungary

۲۲. ۲۰۰۸ Budapest Hungary WIP Nurses' Experience on pain management...Namnabati, Abazari

۷-England

۲۳.Sep-۲۰۱۰ Glasscow-England IASP Barreers in pain management in children Namnabati, Abazari  
Namnabati, mahboobeh

۸-Turkey

۲۴. ۲۰۱۰. IETC. International education technology conference. Design of electronic drug decision Support system. Turkey

۲۵. ۲۰۱۰. workshop . Developmental Care and NIDCAP. Tehran IRAN

۹-USA

۲۶.۲۰۲۰. International conferece. MIAMI Neonatology ۲۰۲۰.

## BOOKS

۱- Namnabati M, Joonbakhsh F and peditrics professors of medical Sciences of University and Azad University. TextBook of Nursing care of Sick Child. Tehran: Isfahan University of medical Sciences and Heidari Publisher. ۲۰۲۲.

۲- Moradi V, hasanpour M, Namnabati M, Sajedi Y, Haghani H. The management of affection in Autism Child. Isfahan: Isfahan University of medical Sciences and Publisher. ۲۰۲۲.

۳- Bahrami N, Namnabati M, Mehrkesh M. Kidney Health in Children. Isfahan: . ۲۰۲۱

۴- Heidarzadeh M Ajoodanian N,..... Namnabati M. Translated: Helping Baby Helping Babies Breathe. Tehran: Bruee of infant health. ۲۰۲۰

۵- Salamat nozadan ( HeidarzadehM ,habobollahi A... Namnabati M. Guide line for infants at home visit. Isfahan: Moavenate Behdasht. ۲۰۲۰

۶- Mohaghgi, Heidarzadeh.....Namnabati M. Respiratory therapy for newborn infants. edited Health ministry. Tehran Iran. ۲۰۱۸

۷- Namnabati M. Pain in Pediatrics. Esfahan: Isfahan University of Medical Sciences and oroj ۲۰۰۳

### Referee for other Books:

۱'. Referee of Practical Guid lines for children. ۲۰۱۰

۲. New about Pain Managments. ۲۰۱۰

## Translations

۱. The book “ Helping Baby Helping Babies Breathe”

## PROFFESIONAL SERVICES

۲۰۱۰ Reviewer in the international journals and Nursing Practic

۲۰۱۲-۲۰۱۸ Reviewer in the IJNM

- ۲۰۱۳-۲۰۱۴ Reviewer JCS
- ۲۰۲۰: Reviewer Open Nursing
- ۲۰۲۱: Reviewer BMC Pediatric

### Organizing Workshops

- ۲۰۱۵ Rresuscitation in neonate
- ۲۰۱۶ resuscitation in pediatric
- ۲۰۱۶ Intensive care in Infants in the NICU
- ۲۰۱۷ Intensive care in Infants in the NICU(۱)
- ۲۰۱۸-۲۰۲۳ Intensive care in Infants in the NICU(۲)

### TEACHING EXPERIENCE

YEAR	COURSE TITLE	MAJOR
۱۹۹۸- ۲۰۱۸	Nursing care of pediatrics and infants (Clinical /Theoretical teaching)	MIDWIFERY, B.S
۱۹۹۸- ۲۰۱۸	Nursing care of pediatrics and infants (Clinical /Theoretical teaching)	NURSING, B.S
	NURSING, B.S	
۲۰۰۱- ۲۰۱۸	Neonatal nursing care (Clinical teaching)	
	NURSING, B.S	
۲۰۱۳-۲۰۱۷	Nursing care of pediatric patient (Theoretical teaching)	
۲۰۱۳-۲۰۱۷	Neonatal nursing care (Clinical teaching)	
۲۰۱۳-۲۰۱۷	Pediatric and neonatal diseases (Theoretical teaching)	Emer. B.S
۲۰۱۵- ۲۰۱۸	Pediatric and neonatal diseases (Theoretical teaching)	Mid, Ph.D
۲۰۱۵- ۲۰۱۸	Pediatric diseases and exceptional children's issues (Theoretical teaching)	MID, M.Sc
۲۰۱۳-۲۰۱۸	Nursing in Infants (Theoretical teaching)	NUR, M.Sc.
۲۰۱۳- present	Nursing in Toddler and Preschool age (Clinical teaching)	NUR, M.Sc.

### PROFESSIONAL/SCIENTIFIC ASSOCIATION MEMBERSHIP

۲۰۱۷- Member, Medical Education Development Center (EDC), Director of program evaluation and accreditation department, Isfahan University of Medical Sciences, IRAN

### PROFESSIONAL/SCIENTIFIC ASSOCIATION MEMBERSHIP

- ۲۰۰۴ -۲۰۰۹ A member of IASP (Pain)
- ۲۰۱۸ Member, Educational Development Office (EDO), Faculty of nursing and Midwifery, Isfahan University of Medical Sciences, IRAN
- ۲۰۱۳-present Member of Care research center Faculty of nursing and Midwifery, Isfahan University of Medical Sciences, IRAN

### WORKSHOP AND TRAINING



The head of many workshop for some issues about infant and pediatric such as resuscitation in neonate and NICU – developmental care and so on.

- ٢٠١٨ Resuscitation in neonate
- ٢٠١٧ Resuscitation in neonate
- ٢٠١٧ Resuscitation in pediatric
- ٢٠١٧ Intensive care in Infants in the NICU
- ٢٠١٦ Intensive care in Infants in the NICU(١)
- ٢٠١٦ Intensive care in Infants in the NICU(٢)
- ٢٠٢٠ Webinar E learning
- ٢٠٢٠ webinar Infant and health
- ٢٠٢١-٢٠٢٣ Webinar National Text book of Sick Child