Curriculum Vitae		
	Department of Medical Surgical Nursing, Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences Adress: Hezar Jerib Av., Isfahan, Iran, No. 81746-73461 Email: fatemeh.nabi@nm.mui.ac.ir fatemehnabi99@gmail.com	IUMS Work phone: +9831-37927602
Fatemeh Nabi, MSN, BSN		
Position Title: Instructor		

Research IDs		
Item	Value	Address
ORCID	0009-0003-6187-2400	www.orcid.org/0009-0003-6187-2400
ResearchGate		www.researchgate.net/profile/Fatemeh-Nabi
Google Scholar		Fatemeh Nabi

Education and Training				
Institution and Location	Degree	Start Date	Completion Date	Field
Isfahan University of Medical Sciences Isfahan, Iran	MSN	September, 2022	December, 2025	Medical Surgical Nursing
Islamic Azad University, Khorasgan Branch Isfahan, Iran	BSN	January, 2018	January, 2022	Nursing

Research Interest
My research interests focus on neuroscience and neurological nursing, particularly in the areas of family caregiving, caregiver health and well-being, and the psychosocial aspects of neurological and

chronic diseases. I am also interested in nursing education, clinical teaching, evidence-based nursing practice, patient- and family-centered care, and improving patient and caregiver outcomes.

Honors and Awards	
2025	Active volunteer student in research
2024-2025	Editor-in-Chief of Zaraban Student Magazine
2024-2025	Member of the Central Board, Head of Research, Student Research Committee, School of Nursing and Midwifery, Isfahan University of Medical Sciences
2024	Embassador of 25th National and 11th International Annual Congress on Research and Technology of Iranian Medical Students
2023-2024	Member of the Management Board, Head of Education, Iranian Red Crescent Student Club, Isfahan University of Medical Sciences
2022	Distinguished Educational Achievement in BSN
2019-2020	Member of the Central Board, Nursing Students Scientific Assoiciation, Islamic Azad University

Positions and employment	
2026-Present	Nursing Instructor, Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran
2025	Follow-up Nurse, Milad Hospital, Isfahan, Iran
2024-2025	Clinical Nurse, Milad Hospital, Isfahan, Iran
2022-2022	Clinical Nurse, Imam Khomeini Hospital of Falavarjan, Isfahan University of Medical Sciences, Isfahan, Iran

Publications and Contributions

Peer-reviewed papers

1. **Nabi, F.**, Yousefi, H., Babaee, S., Shaygannejad, V. Evaluation of a Group Compassion-based Program on Perceived Social Isolation and Depression in Family Caregivers of People with Multiple Sclerosis: A Randomized Controlled Trial (Pre-print), *BMC Psychology* (2026).
2. **Nabi, F.**, Yousefi, H., Babaee, S., Shaygannejad, V. Evaluation of a group compassion-based program for perceived social isolation and depression in family caregivers of patients with multiple sclerosis: study protocol for an open-label randomized controlled trial. *Trials* 27, 253 (2026). https://doi.org/10.1186/s13063-026-09547-0

Poster Presentations

1. **Nabi, F.**, Abolhassani, S., Kanani, M. M. Evaluating the Caregiver Burden Among Family Caregivers of Patients with Parkinson's Disease in Isfahan. 25th National and 11th International Annual Congress on Research and Technology of Iranian Medical Students, Sep 5-7, 2024, Urmia, Iran. http://dx.doi.org/10.61186/ibj.25th-11th-IACRTIMSS
2. Kanani, M. M., Abolhassani, S., Nazari, F. **Nabi, F.** Psychometric Properties of the Persian Version of Multiple Sclerosis Treatment Adherence Questionnaire. 25th National and 11th International Annual Congress on Research and Technology of Iranian Medical Students, Sep 5-7, 2024, Urmia, Iran. http://dx.doi.org/10.61186/ibj.25th-11th-IACRTIMSS

3. **Nabi, F**, Kanani, M. M. Role of Telenursing in Chronic Neurologic Diseases in Iran: A Systematic Review. 1st Research and Technology Congress of Medical Sciences Students in 7th Region of Iran. Apr 18, 2024, Isfahan, Iran.
4. Abolhassani, S., Kanani, M. M., **Nabi, F**. Health literacy interventions in neurologic chronic conditions - a literature review. 1st International Health Literacy Congress & 4thInternational Congress of Health Education and Health Promotion Aug 19-20, 2023, Mashhad, Iran.

Professional Services	
Reviewer	
2024	1st Research and Technology Congress of Medical Sciences Students in 7th Region of Iran (Online and in-person)
Organizing Workshops	
2025	Autumn School for Research, Student Research Committee, School of Nursing and Midwifery, Isfahan University of Medical Sciences
2024	Medications and Nutrition in Parkinson's Disease

Teaching Experience			
Year	Course Title	Institution	Major
2026	Adult Health Nursing Training II (Instructor)	Department of Medical Surgical Nursing, Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences	BSN
2025	Adult Health Nursing Training III (Teacher Assistant)	Department of Medical Surgical Nursing, Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences	BSN
2025	Types of Studies (Autumn School for Research)	Student Research Committee, School of Nursing and Midwifery, Isfahan University of Medical Sciences	Public
2025	"Stay Well" Health Education for Elderly Citizens	Health Education Department, Municipality of Isfahan	Public
2024	Injections and Serum Therapy	Student Research Committee, School of Allied Medical Sciences, Isfahan University of Medical Sciences	Public
2024	Injections and Serum Therapy	Iranian Red Crescent Student Club, Isfahan University of Medical Sciences	Public
2023	AIDS/HIV Awareness	Iranian Red Crescent Student Club, Isfahan University of Medical Sciences	Public

Professional/Scientific Association Membership	
2023-Present	Iranian Nursing Organization

Training and Certifications		
Year	Title	Institution
2025	Instructor Training Program	Iranian Red Crescent Society
2025	Adult Cardiopulmunary Resusciation	Iranian Nursing Organization
2024	Neurosurgery Care Course (NsCC) program	Student Scientific Association of Neurosurgery
2024	Introduction to Technologies in Neuroscience and Brain Mapping	National Brain Mapping Laboratory
2024	Nursing Care in General Intensive Care Unit	Iranian Nursing Organization
2023	Compassion-Focused Therapy	Iranian Psychology and Counselling Organization
2021	First Aid Training Program	Iranian Red Crescent Society