


Curriculum Vitae

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NAME: Mitra Savabi_Esfahani

POSITION TITLE: Assistant Professor

RESEARCH IDs

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EDUCATION AND TRAINING

INSTITUTION AND LOCATION	DEGREE	Start Date	Completion Date	FIELD OF STUDY
Isfahan University of Medical Sciences, Isfahan, IRAN.	Ph.D.	02/2013	11/2017	Reproductive Health
Centre for Epidemiology and Screening, Department of Public Health, University of Copenhagen, Denmark.	External PhD student	01/2017	04/2017	Breast cancer screening
Isfahan University of Medical Sciences, Isfahan, IRAN.	M.Sc.	02/1998	07/2001	Midwifery, Maternal and Child Health
Isfahan University of Medical Sciences, Isfahan, IRAN.	B.S	09/1992	09/1995	Midwifery

RESEARCH INTEREST

My research is focused in **reproductive health** and **women`s cancers**.

POSITIONS AND EMPLOYMENT

2017-Now Assistant professor, Isfahan University of Medical Sciences, Isfahan, IRAN.

2002-2016 Lecturer, Isfahan University of Medical Sciences, Isfahan, IRAN.

2000- 2001 Clinical experience in maternity ward, hospital, Isfahan, IRAN.

1998- 1999 Working experience in Midwifery Office, Tehran, IRAN.

PUBLICATIONS AND CONTRIBUTIONS

Publications (Journals)

Alidadi- Shamsabadi E, **Savabi-Esfahani M**, Hashemianfar A, Relationships of Hofstede's Cultural Dimensions and Lactation Patterns in Lactating Mothers. *Int J Pediatr* 2020; 8(10): 12243- 252.

- Saljughfi F, **Savabi-Esfahani M**, Kohan Sh, Ehsanpour S. 2020. Breastfeeding Training through Role-Play and Effects on Mother-Infant Attachment Behaviours. *Africa Journal of Nursing and Midwifery*. **2020**; 22 (1):13.
- Molaei-Zardanjani M, **Savabi-Esfahani M**, Taleghani F, Comparing individual and peer education on the constructs of theory of planned behavior in mammography, *J Educ Health Promot*. **2019** Jan 29;8:20.
- Molaei-Zardanjani M, **Savabi-Esfahani M**, Taleghani F, Fatalism in breast cancer and performing mammography on women with or without a family history of breast cancer, *BMC Women's Health*. **2019**; 19(1):116.
- Savabi-Esfahani M**, Sourinejad H, Adib Moghaddam E, Mohebbi Z, Psychological and social consequences of surrogacy in surrogate mother and the resulted child: a review study. *The Iranian Journal of Obstetrics, Gynecology and Infertility*. **2019**;22 (4):73-86.
- Savabi-Esfahani M**, Taleghani F, Noroozi M, Tabatabaeian M, Lyng E, Exploring personality factors in breast cancer screening behaviors: a qualitative study, *Social Behavior and Personality: An International Journal* ,**2018**; 46(1):91-97.
- Savabi-Esfahani M**, Taleghani F, Noroozi M, Tabatabaeian M, An educational intervention on based information, motivation and behavior skills model and predicting breast self-examination, *J Prev Med Hyg*. **2018**;59(4):E277-E281
- Savabi-Esfahani M**, Taleghani F, Noroozi M, Tabatabaeian M, Role Playing for Improving Women's Knowledge of Breast Cancer Screening and Performance of Breast Self-Examination, *Asian Pac J Cancer Prev*, **2017**;18 (9), 2501-2505.
- Jafari F, **Savabi-Esfahani M**, kazemi A, Mokaryan F, Relationship between breastfeeding factors and breast cancer in women referred to Syed Al-Shohada Hospital in Isfahan, Iran, Accepted in *Iran J Nurs Midwifery Res*, **2016**;21:622-7.
- Saljughfi S., Savabi Esfahani M., Kohan Sh., Ehsanpour S., Promoting Breastfeeding Self-efficacy through Role-playing in Pregnant Women, *Int J Pediatr*, **2016** Jul ;4(7):2061-6068.
- Sohrabi Z, Momenzadeh F, Aemmi SZ, Tabibi M, Musavi Z, **Savabi M**. Socio-demographic and Lifestyle Factors in Breastfeeding Mothers, Referring to Isfahan Health Centers. *Int J Pediatr* **2016**; 4(2): 1331-37.
- Aghaii A, **Savabi-Esfahani M**, Kheirabadi Gh R, Association between maternal depression and lactation status during 24 months after delivery among clients to the selected health centers in Isfahan , *J Res Behav Sci* **2015**; 13(4): 581-6.
- Fahami F, **Esfahani MS**, Mohamadirizi S, Relationship of sexual dysfunction and its associated factors in women with genital and breast cancers, *Iran J Nurs Midwifery Res*. **2015** July-Aug ;20(4):516-20.
- Esfahani MS**, Berenji-Sooghe S, Valiani M, Ehsanpour S, Effect of acupressure on milk volume of breastfeeding mothers referring to selected health care centers in Tehran, *Iran J Nurs Midwifery Res*. **2015** Jan-Feb;20(1):7-11.
- Abdeyazdan Z, **Esfahani MS**, Sheykhi S, Jodakee M, Comparison the effects of seed therapy with black pepper and breast feeding on pain related vaccination in infants, *Complementary Medicine Journal of faculty of Nursing & Midwifery*, winter **2015** (4):994-1002.(In Persian)
- Fahami F, **Esfahani MS**, Mohamadirizi S, Relationship between Sexual Dysfunction and Treatment Modality in Patients with Gynecologic and Breast Cancers, *The Iranian Journal of Obstetrics, Gynecology and Infertility*, Summer 2014,17:15-22.(In Persian)
- Esfahani MS**, Sheykhi S, Abdeyazdan Z, Jodakee M, Boroumandfar K, A comparative study on vaccination pain in the methods of massage therapy and mothers' breast feeding during injection of infants referring to Navabsafavi Health Care Center in Isfahan, *Iran J Nurs Midwifery Res*. 2013 Nov;18(6):494-8.

Esfahani MS, Mirzaee M, Boroumandfar K, Abedi MR, Job burnout and its relation with personality traits among the midwives working in Isfahan, Iran, *Iran J Nurs Midwifery Res.* 2012 Mar;17(3):220-4.

Fathizadeh N, Takfallah L, Badrali N, Shiran E, **Esfahani MS**, Akhavan H, Experiences of blind children caregivers, *Iran J Nurs Midwifery Res.* 2012 Feb;17(2 Suppl 1):S143-9.

Esfahani MS, Fathizadeh N, Continuous exclusive breastfeeding and some related factors in the selected hospitals of Isfahan, *Iran J Nurs Midwifery Res.* 2011 Summer;16(3):207-11.

Savabi-Esfahani M, Fadaei S, Yousefy A., Use of combined oral contraceptives: retrospective study in Isfahan, Islamic Republic of Iran, *East Mediterr Health J.* 2006 May-Jul;12(3-4):417-22.

Savabi-Esfahani M, Fadaei S, Yousefy A, A survey on continuation of use in combined oral contraceptives, *Nursing & Midwifery Research Journal*, No 22, 19-25, Winter 2004.(In Persain)

Fadaei S, **Savabi-Esfahani M**, Yousefy A, Relation between demographic factors and continuation in user of IUD method , *Nursing & Midwifery Research Journal*, No 19, 40-7, Spring 2003.(In Persain)

Oral presentations

Maryam Molaei –Zardanjani M, Savabi Esfahani M, Taleghani F, Effect of Peer Education on fatalism of Breast Cancer, 13th International breast cancer congress, 14-16 Feb. 2018, Iran.

Savabi Esfahani M, Fathizadeh N, Relation between fertility factors and method of infant feeding in women referred to selected hospital of Isfahan, Iran, International Conference on Global Health and Crisis Communication, June 19-21, 2012, Turkey.

Savabi Esfahani M, Mirzaee M , Boroumandfar Kh, An investigation on job burnout of the midwives working in Isfahan, Iran and its association with their personal characteristics, International Conference on Global Health and Crisis Communication, June 19-21, 2012, Turkey.

Poster presentations

Alidadi- Shamsabadi E, Savabi-Esfahani M, Challenge of screening for breast cancer in women with dense breast, Women`s health promotion Conference, November 27, 2019, Iran.

Shjeidanik S, Savabi-Esfahani M, Assisted Reproductive Technologies and the risk of cervical cancer, Women`s health promotion Conference, November 27, 2019, Iran.

Savabi Esfahani M, Taleghani F, Norooz M, Tabatabaeian M, Lynge E, Increase Women's Knowledge and Attitude about Breast Cancer and Screening: Using an Educational Intervention in Community, 19th International Conference on Health Informatics and Health Information Management, 2017, Denmark.

Aghaiee A, Savabi Esfahani M, Kheirabadi Gh, Relationship between maternal depression and breastfeeding in postpartum period, 15th International Congress of Obstetrics and Gynecology, October 4, 2016, Iran.

Savabi Esfahani M, Haghani F, Education of breastfeeding counseling by using role playing method, Isfahan-karbala conference on medical education, Oct. 5- 10, 2013, Iran.

Savabi Esfahani M, et al., The survey of Satisfaction of providing family planning lessons using e-learning method and factors associated in students of Isfahan University of Medical Sciences, Isfahan-karbala conference on medical education, Oct. 5- 10, 2013, Iran.

Books

Kohan Sh, Savabi-Esfahani M, et al., Maternal, Child & Reproductive Health, 2019. (In Persain)

Savabi-Esfahani M, Ehsanpour S, Shamgani R, Things to know about pap smear, 2012. (In Persain)

Savabi-Esfahani M and et al., Health & Family planning, 2011. (In Persain)

Savabi-Esfahani M, Fathizadeh N ,Why some men are infertile?(couses, diagnosis and treatment), 2008. (In Persain)

Kohan Sh, Fadaei S, Savabi-Esfahani M, The essentials of contraceptive technology, 2004. (In Persain)

Current research project

- Comparison Factors associated with fertility desire of mothers with intellectual disability children and mothers with healthy children, Since 2017 -2020.

- Investigating the relationship between cultural value orientation and breastfeeding patterns, Since 2017 -2020.

- Promoting breast cancer screening program: a mixed methods study, Since Sep. 2015- 2017.

- Comparing the effects of individual and peer education based on the theory of planned behavior to behavioral intention of mammography, since Sep. 2016 -2017.

- Assessing relation between breast cancer and breastfeeding, since Jul 2014 – 2016.