



General

Name: Zahra Sohrabi

Degrees in brief: Assistant Professor, MS in Midwifery, PhD in Reproductive Health.

Reproductive Sciences and Sexual Health Research Center, Isfahan University of Medical Sciences, Isfahan, Iran
Email: zsohrabi@nm.mui.ac.ir

Office phone: 00983137927546

Articles

- 1- **Sohrabi Z**, Savabi-Esfahani M, Shahriari M, Salehi K. Observance of ethical codes of midwifery profession in students and graduates of department of midwifery and reproductive health, Isfahan University of Medical Sciences. *Journal of Education and Health Promotion*. 2024 Nov 1;13(1):434.
- 2- Reisi M, Kazemi A, Maleki S, **Sohrabi Z**. Relationships between couple collaboration, well-being, and psychological health of infertile couples undergoing assisted reproductive treatment. *Reproductive Health*. 2024 Aug 16;21(1):119.
- 3- Ghavami B, **Sohrabi Z**, RaisiDehkordi Z, Mohammadi F. Relationship between reproductive health literacy and components of healthy fertility in women of the reproductive age. *Journal of Education and Health Promotion*. 2024 Mar 1;13(1):105.
- 4- **Sohrabi Z**, Raissi V, Alizadeh G, Etemadi S, Raiesi O, Bagherpoor MR, Samani ZB, Fatemeh P, Hashemibaghi Z, Yousefnia H Ibrahim A. Evaluation of antinuclear antibodies in pregnant women with abortion with toxocariasis and toxoplasmosis in Iran. *Turk Hij Den Biyol Derg*, 2022; 79(2): 217 - 228
- 5- **Sohrabi Z**, Kazemi A, Farajzadegan Z. Prenatal body image questionnaire: Development and psychometric evaluation. *Journal of health psychology*.1359105319878252.
- 6- Raissi V, Taghipour A, Navi Z, Etemadi S, **Sohrabi Z**, Sohrabi N, et al. Seroprevalence of *Toxoplasma gondii* and *Toxocara* spp. infections among pregnant women with and without previous abortions in the west of Iran. *Journal of Obstetrics and Gynaecology Research*. 2020;46(3):382-8.
- 7- Raissi V, **Sohrabi Z**, Getso M, Raiesi O, Hafshejani SH, Shabandoust H, et al. Risk factors and prevalence of toxocariasis in pregnant women and diabetic patients compared to healthy adults in Ilam province, western Iran. *EXCLI journal*. 2018;17:983.
- 8- Bagheri M, Tafazoli M, **Sohrabi Z**. Effect of education on the awareness of primigravida couples toward infant care. *Iranian Journal of Neonatology IJN*. 2016;7(4):30-4.
- 9- **Sohrabi Z**, Momenzadeh F, Aemmi SZ, Tabibi M, Musavi Z, Savabi M. Socio-demographic and lifestyle factors in breastfeeding mothers, referring to Isfahan health centers. *International Journal of Pediatrics*. 2016;4(2):1331-7.
- 10- **Sohrabi Z**, Salehi K, Rezaie H, Haghani F. The Implementation of Direct Observation of Procedural Skills (DOPS) in Iran's Universities of Medical Sciences: A Systematic Review. *Iranian Journal of Medical Education*. 2016;16:407-17.
- 11- Zahra Sohrabi, Mandana Mir-mohamadali, Azam Bahiraei, Abbas Rahimi, Mozghan Hashemzadeh, Nasrin Sohrabi. The evaluation of the effect of educational package on breastfeeding self-efficacy in postpartum perio.
- 12- Mojgan Khosravi ‹Shahnaz Kohan ‹Zeinab Heidari ‹Zahra Sohrabi. An Evaluation of the Effect of Physiological Childbirth Preparation Classes during Pregnancy

on Vaginal Delivery Self-Efficacy of Women in Selected Centers of Isfahan, Iran. Journal of Health System Research.2017;13(2).

- 13- Salehi K, Salehi Z, Sohrabi Z. A Comparison between the Effect of Education of Fetal Movement Counting during the Second and Third Trimesters on Maternal Fetal Attachment in First Time Pregnant Women. Iran Journal of Nursing (IJN). 2017;30(109):23-31.
- 14- Sohrabi Z, Sohrabi N, Hashemzadeh M, Mehran A, Mirmohammadali M. An Evaluation of the Effect of Electronic Education on Breastfeeding Knowledge in the Postpartum Period. Journal of Health System Research.2015; 11(4):741-6.
- 15- Sohrabi Z, Kazemi, A. letter to the editor: regarding the article "The relationship between body perception and social participation in pregnant women of Jahrom". Ofogh Danesh. 2017; 24(3).

Conferences:

Co-authors	Topic	Type of Presentation (Poster presentation or Lecture)	Place	Title	Date	Name of Conferences	NO
Zahra Sohrabi Ashraf Kazemi Ziba Faraj Zadegan Mojgan Jani Ghorbani	reproductive health	Lecture presentation	Esfahan University of medical sciences	Body image in pregnancy: Qualitative approach	November 27 th , 2019	Women's health promotion conference (National)	1
Zahra Sohrabi Ashraf Kazemi Ziba Faraj Zadegan	Body image	Poster presentation	Shiraz	Importance of appearance in pregnancy: Qualitative research	October 18 & 19, 2017	Sixth International Conference on Women's Health	2
Zahra Sohrabi Ashraf Kazemi Ziba Faraj Zadegan	Body image	Poster presentation	Shiraz	Feeling toward body changes in pregnancy: Qualitative research	21 & 22 November, 2018	7th International Conference on Women's Health	3
Zahra Sohrabi, Mandana Mir-mohamadali, Azam Bahirae, Abbas Rahimi, Mozghan Hashemzadeh, Nasrin Sohrabi	breastfeeding	Poster presentation	Esfahan University of medical sciences	The evaluation of the effect of educational package on breastfeeding self-efficacy in postpartum period	5-10 October 2013	Isfahan - Karbala conference on medical education	4

Co-authors	Topic	Type of Presentation (Poster presentation or Lecture)	Place	Title	Date	Name of Conferences	NO
Zahra Sohrabi ◊ Nasrin Sohrabi ◊ Mojgan Hashem Zadeh ◊ Abbas Mehran ◊ Mandana Mir-Mohammadali	breastfeeding	Poster presentation	Esfahan University of medical sciences	An Evaluation of the Effect of Electronic Education on Breastfeeding Knowledge in the Postpartum Period	February 19th, 2014	Women's health	5
Shadi Goli ◊ Marjan Goli ◊ Zahra Sohrabi	sexual disorders	Poster presentation	Iran University of medical sciences	Sexual problems of mentally retarded teenage girls during puberty	October 8th, 2016	The 12th International Congress of Women and Midwifery, Iran.	6
Zahra Sohrabi	Premarital counseling	Lecture presentation	Faculty of Nursing and Midwifery, Tehran University of Medical Sciences	Premarital education	June 27th, 2019	Collegiate Scale	7

Co-authors	Topic	Type of Presentation (Poster presentation or Lecture)	Place	Title	Date	Name of Conferences	NO
Zahra Sohrabi ◊ Shahnaz Kohan ◊ Fateme Torabi ◊ Kobra Salehi	mother's breastfeeding	Lecture presentation	Esfahan University of medical sciences	Promotion of breastfeeding	April 30th – 2nd May, 2013	Collegiate Scale	8
Zahra Sohrabi	Physiologic parturition	Lecture presentation	Faculty of Nursing and Midwifery, Saveh Faculty of Medical Sciences	Operational strategies for physiological childbirth	June 17th, 2014	Collegiate Scale	9
Zahra Sohrabi	Fetal health	Lecture presentation	Faculty of Nursing and Midwifery, Saveh Faculty of Medical Sciences	Assessment of fetal health	September 6th, 2014	Collegiate Scale	10
Zahra Sohrabi	Women health	Poster presentation	Shiraz University of medical sciences	Sexual education of Iranian adolescent girls: A review article	Nonvember 2024	International conference on Women health	11
Zahra Sohrabi	Sustainable Population	Poster presentation	Shiraz University of medical sciences	Investigating the effect of telephone training based on the health belief model on abortion among married mothers who are prone to abortion in 2021-2022 in Isfahan.	Nonvember 2023	The First International Congress on Sustainable Population	12

Co-authors	Topic	Type of Presentation (Poster presentation or Lecture)	Place	Title	Date	Name of Conferences	NO
Fatemeh Mohammadi, Zeinab Heidari, Maryam Dehghani, Zahra Sohrabi	nursing and midwifer	Poster presentation	Spain	Psychometric properties of the Persian language version of the reproductive health literacy scale for women of reproductive age	June 2024	5 th International conference on nursing midwifery and care	13
Zahra Sohrabi; Mitra Savabi-Esfahani; Mohsen Shahriari, Kobra Salehi	Women health	Poster presentation	Shiraz University of medical sciences	Observance of ethical codes of midwifery profession in students and graduates of department of midwifery and reproductive health, Isfahan University of Medical Sciences	November 2023	International conference on Women health	14
زهرا سهرابی، شهناز کهن، زینب حیدری، مژگان خسروی	جمعیت و فرزندآوری	Poster presentation	Isfahan	An evaluation of the effect of psychological child birth preparation classes during pregnancy on virginal delivery self-efficacy on women in selected center of Isfahan Iran	اردیبهشت ۱۴۰۲	همایش کشوری صیانت از جمعیت و فرزندآوری سالم	
زینب حیدری، لایلا رسایی، تهمینه	جمعیت و فرزندآوری	Poster presentation	Isfahan	پیش بینی کفایت شیردهی بر اساس استرس درک شده به صورت مستقیم و با میانجی گری سلامت	اردیبهشت ۱۴۰۲	همایش کشوری صیانت از جمعیت و	

Co-authors	Topic	Type of Presentation (Poster presentation or Lecture)	Place	Title	Date	Name of Conferences	NO
دادخواه تهرانی، زهرا سهرابی				معنوی در مادران دارای کودک ۱ تا ۶ ماهه		فرزندآوری سالم	

Research Projects

Position related to the activity (executive and colleague)	Names of colleagues in order of priority	Date of presentation	The title of the research	No
executive	Ashraf Kazemi ◊ Zahra Sohrabi ◊ Ziba Faraj zadega	2016	Prenatal body image questionnaire: Development and psychometric evaluation	1
Colleague	Mojgan Khosravi ◊ Shahnaz Kohan ◊ Zeinab Heidari ◊ Zahra Sohrabi	2014	An Evaluation of the Effect of Physiological Childbirth Preparation Classes during Pregnancy on Vaginal Delivery Self-Efficacy of Women in Selected Centers of Isfahan, Iran	2
executive	Zahra Sohrabi ◊ Mitra Savabi ◊ Zahra Bagher Sad	2013	Socio-demographic and Lifestyle Factors in Breastfeeding Mothers, Referring to Isfahan Health Centers	3
Colleague	Kobra Salehi ◊ Zahra Salehi ◊ Zahra Sohrabi	2013	A Comparison between the Effect of Education of Fetal Movement Counting during the Second and Third Trimesters on Maternal Fetal Attachment in First Time Pregnant Women	4

executive	Zahra Sohrabi; Mitra Savabi-Esfahani; Mohsen Shahriari, Kobra Salehi	2023	Zahra Sohrabi; Mitra Savabi-Esfahani; Mohsen Shahriari, Kobra Salehi	5
-----------	---	-------------	---	---

Honors, Prizes and Awards

exporter's reference	Type	Topic	No
Ministry of Health and Medical Education	National	The first rank of the midwifery masters entrance exam.	1
Tehran University of medical sciences	collegiate	Top rank in the entry of Master's degree of Midwifery in 2010.	2
Isfahan University of medical sciences	collegiate	The second rank in the Nahj Al-Balagheh field in the students section.	3
Isfahan University of medical sciences	collegiate	Second rank in the "Sabk zendegi" in the professors' group of the 27th Quran and Etrat Festival	4

Ministry of Health and Medical Education	National	Second rank in the “Sabk zendegi” in the professors' group of the 27th Quran and Etrat Festival	5
Isfahan University of medical sciences	collegiate	Second place in the field of “ethics and professional dress” in the professors' group of the 28th Quran and Etrat Festival	6
Ministry of Health and Medical Education	National	Second place in the field of “ethics and professional dress” in the professors' group of the 28th Quran and Etrat Festival	7

Professional Experiences

- 1- Member of the Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences, since 2019.
- 2- Representative of midwifery department in curriculum planning committee of nursing and midwifery faculty of Isfahan University of Medical Sciences, since April 2021.
- 3- Instructor of Midwifery Department, Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences, from 21/4/2013 to 26/4/2014.
- 4- Secretary of the Student Research Committee of the Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences, from 12/07/2016 to 21/06/2017.
- 5- Deputy of the Department of Midwifery and Reproductive Health from March 2023 for one year.