

Academic Member, Midwifery and reproductive health Department, Nurse-Midwifery Faculty, Isfahan University of medical sciences, Isfahan, IRAN 81746-734 E-mail:

tdtahmineh1400@gmail.com tdtahmineh@nm.mui.ac.ir



Cell Phone: +98 9191597018 Work Phone: +98 (31)37927596

NAME: Tahmineh Dadkhah-Tehrani

**Education**: Msc degree / Midwifery Instruction/ Tehran University of Medical Science/ 1997-

**Current Position Title:** Faculty Member, Instructor

## POSITIONS AND EMPLOYMENT:

- ➤ 2015-2024, (6 years): Master degree in Midwifery Instruction, midwifery instructor and academic member of midwifery department, Medical Sciences, Iran.
- 2007-2015, (8 years): Master degree in Midwifery Instruction, midwifery instructor and academic member of midwifery department, Qom University of Medical Sciences, Iran.
- ➤ 1999-2007, (8 years): Master degree in Maternal Child Health, midwifery instructor and academic member of midwifery department, Azad University of Sanandaj, Iran.
- ➤ 1993-1999 (6 years): Bachelor degree in midwifery, midwife in childbirth unit and health centers, khansar health system, Isfahan University of Medical Sciences, Iran.

## The history of teaching/instructing in workshops

number		institute	Date		The didle of more less on /occurs
numo	er	mstitute	from	to	The title of workshop/course
		Azad University of Sanandaj, Iran	اردیبهشت ۷۹	شهريور ۸۶	All courses of obstetrics
		Qom University of	شهريور ۸۶	شهريور ۹۴	All courses of obstetrics

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Medical Sciences, Iran.			
Isfahan University of Medical Sciences, Iran.	شهريور ۹۴	تاكنون	All courses of obstetrics
انجمن علمى مامايى اصفهان	دی ماه ۹۸		workshop of Kinesiology of pelvis
جمعیت مامایی اصفهان	۹۶ تا کنون		Workshop of Kinesiology of pelvis Clinical workshop of Water birth Workshop of Physiologic birth
جمعیت مامایی تهران	بهمن ۹۸		Workshop of Physiologic birth
نظام پزشکی اصفهان	۹۶ تا کنون		Clinical workshop of Water birth Workshop of Physiologic birth
انجمن علمی مامایی تهران	مرداد و دی ۹۸		Workshop of Kinesiology of pelvis Workshop of Physiologic birth
Arak University of Medical Sciences, Iran.	٩٨		Clinical workshop of Water birth Workshop of Physiologic birth
Saveh University of Medical Sciences, Iran.	AP		Clinical workshop of Water birth Workshop of Physiologic birth
Yasouj University of Medical Sciences, Iran.	٩٨		Workshop of Physiologic birth Workshop of Physiologic birth
Azad University of khorasgan, Iran	٩٨		Workshop of Kinesiology of pelvis
Mahdiyeh Hospital of Tehran	<b>ለ</b> ለ/۴/۷		تدریس در کارگاه زایمان فیزیولوژیک در مهدیه تهران
Qom University of Medical Sciences, Iran	A9/۲/۲1		تدریس در دوره آموزشی زایمان فیزیولوژیک
Qom University of Medical Sciences, Iran	9 - / ۲/1۳		تدریس در دوره آموزشی زایمان فیزیولوژیک
Qom University of Medical Sciences, Iran	9 - /٣/٢1		تدریس در کارگاه اورژانهای زنان و زایمان

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Qom University of Medical Sciences, Iran	9 • /٣/٣ •		تدریس در کارگاه گزارش مرگ مادر
د.ع.قم	9./11/18		تدریس در کارگاه شیوه زندگی سالم در
			, -
			میانسالی
صدا و سیمای استان قم	از سال ۹۰		شرکت در برنامه های آموزشی صدا و سیمای
			قم
			r
		دو دوره در	
		اصفهان(	
		بیمارستان امین	Psychology of Breatfeeding
		اصفهان) خرداد	1 sychology of Breatteening
		۹۸	
Qom University of	91/7/17		Breatfeeding Woprkshop
Medical Sciences,	,.,.		
Iran			
Qom University of	97/7/17		Breatfeeding Woprkshop
Medical Sciences,			
Iran			
Qom University of	۹۲/۴/۵		Breatfeeding Woprkshop
Medical Sciences,			
Iran			Fetal heart assessment
Qom University of	97/7/19		retai neart assessment
Medical Sciences, Iran			
Qom University of	97/1-/19		تدریس در دوره آموزشی زایمان فیزیولوژیک
Medical Sciences,	11/1-/11		ندریس در دوره آمورسی رایمان فیریونوریک
Iran			
Qom University of			تدریس در دوره آموزشی زایمان فیزیولوژیک
Medical Sciences,	94/4/49		
Iran			
Qom University of	97/7/17		
Medical Sciences,			Breatfeeding Woprkshop
Iran			
Qom University of	۹۲/۲/۸		
Medical Sciences,			Breatfeeding Woprkshop
Iran	*****		
Qom University of Medical Sciences,	97/1./19		تدریس در دوره آموزشی زایمان فیزیولوژیک
Iran			ندریس در دوره ۱مورسی رایس میریونوریت
Qom University of	93,94		
Medical Sciences,	,,,,		تدریس در دوره آموزشی زایمان فیزیولوژیک
Iran			
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	از سال ۹۶ تا	
تدریس در دوره آموزشی زایمان فیزیولوژیک	کنون بیش از	
حریس در دوره ۱ مورسی رایسان میریوموریت	۲۰ دوره در	
	جمعيت اصفهان	
	از سال ۹۷ تا	
	کنون بیش از	
	۲۰ دوره در	
	انجمن علمى	
	تهران و	
تدریس در دوره آموزشی زایمان فیزیولوژیک	شهرهای	
	ياسوج –	
	گچساران- بم=	
	دزفول –	
	اصفهان —ساوه	
	اراک	
	۲ بار در	
	بيمارستان	
	حضرت مرضيه	
	اصفهن– یکبار	
	در بیمارستان	
	سینا- یکبار در	
	بيمارستان	
	عسگريه-	
تدریس در دوره بالینی زایمان در آب	یکبار در	
	بيمارستان	
	تامین اجتماعی	
	ساوه– یکبار در	
	بيمارستان	
	طالقانی اراک-	
	یکبار در	
	بيمارستان	
	سجاد ياسوج	
	از سال ۱۳۹۸	
	تا کنون در	
ابداع و تدریس در دوره کینزیولوژی لگن	شهرهای	
_	اصفهان ۳ بار –	
	یاسوج- اراک-	

	تهران– ساوه–	
	مشهد	

# Research interest:

- 1- Water birth
- 2- Physiologic Delivery
- 3- Kinesiology of pelvis4- Religiosity& Spirituality in woman health
- 5- Post partum Rehabilitation
- 6- Exercise in Pre- pregnancy, Pregnancy and After birth
  7- Complementary Medicine
- 8- Psychologic health of women

# **PUBLICATIONS AND CONTRIBUTIONS**

- Supervising 10 Master Degree student thesis
- Attend over 50 congresses
- Published 2 book in midwifery and reproductive health issues
- Published 13 articles in Persian and  $\ \ \ \ \lambda$  in English journals (ISI- PUBMED- SCOPUS-SCI)

## **ENGLISH PAPERS**

TYPE OF RESEA RCH	INDEX OF JOURN AL	PUBLIC ATION DATE	JOURNAL	Authors	Title of paper	
Brief Report	ISI	2013;2(1): 163-6	Nursing and Midwifery Studies	Esmat Jafarbegloo Tahmineh Dadkhah Tehrani Hoda Ahmari Tehran Zahra Abedini Nazanin Zia Sheykholeslami	Pregnancy Outcomes Among Hospitalized Patients Infected With 2009 H1N1 Inflenza Virus in Qom, Iran, in Oct-Nov. 2009	,
original	ISI	2014 July 12( 7)pp: 471-480,	Iran J Reprod Med	Hoda Ahmari Tehran, Shohreh Narges Eskandari, Tahmineh Dadkhah Tehrani	Emotional experiences in surrogate mothers: A qualitative study	۲
original	SCI	2014;1 (3):24-28	Health, Spiritual, Med Ethics -	Batool Hashemi <mark>Tahmine Dadkhah</mark> «Tehrani	Properties of cucurbita pepo l. In islamic persian and modern scientific researches medicine	٣
original	ISI	2014;dece mber,53(6)	Journal of Religion and Health	Ashraf Khoramirad, Maryam Mousavi, Tahmineh Dadkhahtehrani & Davoud Pourmarzi	Relationship Between Sleep Quality and Spiritual Well-Being/Religious Activities in Muslim Women with Breast Cancer	۴

	Gastrointestinal Complications of Ferrous Sulfate	Esmat Jafarbegloo		1		original
5	in Pregnant Women: A Randomized Double-Blind Placebo-Controlled Trial	Hoda Ahmari Tehran Tahmineh Dadkhah Tehrani*	Iran Red Crescent Med J.	2015,augus t,17(8)	ISI	Original
	Effect of inhaling the vapor of lavender oil on	Esmat Jafarbegloo,	Advanced	2015;	IBDEX	original
6	examination scores in nursing students: summative a controlled clinical trial	Marziye Raeisi , <mark>Tahmineh Dadkhah-</mark> Tehrani*	Herbal Medicine,	1(2): 17- 22	COPERN ICOUS	
7	The Relationship between Religious Attitudes and Psychological Well-being of Nurses Working in Health Centers in Qom University of Medical Sciences in 2014	Tahmineh Dadkhah Tehrani, Nafiseh Habibian Reza Ahmadi3	Health, Spirituality and Medical Ethics	2015;2(4) :15-21	ISI	original
5	Gastrointestinal Complications of Ferrous Sulfate in Pregnant Women: A Randomized Double-Blind Placebo-Controlled Trial	Esmat Jafarbegloo Hoda Ahmari Tehran Tahmineh Dadkhah Tehrani*	Iran Red Crescent Med J.	2015,augus t,17(8)	ISI	original
8	Predictive Validity and Inter-Rater Reliability of the Persian Version of Full Outline of Unresponsiveness Among Unconscious Patients with Traumatic Brain Injury in an Intensive Care Unit	Somaye h Momenyan Sey.Mojtaba Mousavi Tahmineh Dadkhahtehrani Fatemeh Sarvi Reza Heidarifar Faezeh Kabiri Erfan Mohebi Mohammad Koohbor	Neurocritical care	2017; 27:229– 236	ISI	original
9	Marital Satisfaction in Menopausal Women with and without Sexual Dysfunction	Esmat Jafarbegloo Sareh Bakouei Tahmineh Dadkhahtehrani	Journal of midwifery and reproductive health	2017; 5(4): 1053-1058.		original
10	Association between the Religious Coping of Infertile People with their Own Quality of Life and Their Spouses': A Correlation Study in Iranian Infertile Couples	Tahmineh Dadkhahtehranil, Somayeh Momenyan2, Saeide Heidari3, Narges Momenyan	Iranian Journal of Nursing and Midwifery Research	May–Jun 2018;23(3) : 198-204	ISI	original
11	Effect of Glittered Nail Polish on Pulse Oximetry Measurements in Healthy Subjects	Mohammadreza Yeganehkhahl, Tahmineh Dadkhahtehrani2, AhmadReza Bagheril, Ahmad Kachoie3	Iranian Journal of Nursing And Midwifery Research	2018:	ISI	original
12	Experiences of Fathers with Inpatient Premature Neonates:Phenomenological Interpretative Analysis	Tahmineh Dadkhahtehrani, Narges Eskandari* Zohre Khalajinia Hoda AhmariTehran	Iranian Journal of Nursing And Midwifery Research	Jan-Feb 2018;23(1) : 71-78	ISI	original
13	The Correlation between Psychological Empowerment and Job Burnout in Midwives Working in the Labor Ward of Hospitals	Mojgan janighorban , <mark>Tahmineh</mark> <mark>Dadkhahtehrani</mark> *, Arash Najimi , Samira Hafezi	Iranian Journal of Nursing And Midwifery Research	2020; 25(2): 128- 133	ISI	original
14	The effect of expressive writing on fear of childbirth among nulliparous pregnant women: A randomized Controlled trial	Maryam Khalili <mark>Tahmineh dadkhahtehrani*</mark> Fatemeh Torabi Zahra Heidari	Nursing and midwifery studies	Jul-Sep 2022; 11(3):p 177-182,	ISI	original
15	Work-Life and Correlation Between Quality of Job Burnout in Midwives	Najme Malekzade Mojgan Janighorban* Tahmineh Dadkhahtehrani	Iranian Journal of Nursing And Midwifery Research	2023;28(2) :194.	ISI	original
16	Comparison of Maternal and Fetal Outcomes Between Lithotomy with Hands and Knees Positions for Childbirth: A Randomized Clinical Trial	Fatemeh Nikoukar Tahmineh Dadkhahtehrani* Mahboobeh Valiani Minoo Movahedi	Journal of nursing and midwifery sciences	June 2023; 10(2):e135 325	ISI	original

original	Scopus	2024	Journal of research development in nursing and midwifery	Yasaman Ahmadian Tahmineh Dadkhahtehrani Nafisehsadat Nekuei * Maryam Nasirian	The observance of midwives' rights from the perspective of midwives and related managers	17
original	ISI	February 2023 ; 12 ( 1)	Journal of Education and Health Promotion	Leila Rasaei Tahmine Dadkhahtehrani Zeinab Heidari ≉	Relationships between spiritual health and perceived stress with breastfeeding adequacy in mothers with infants aged 1–6 months	14
original	ISI	2024 - Springe	BMC Public Health	M Salimian, MJ Tarrahi, T Dadkhahtehrani, Zeinab Heidari *-, r	The prevalence and related factors of post-partum anxiety and depression among mothers during COVID-19 pandemic in 2021	19
original	ISI	2025	Journal of nursing and midwifery sciences	Salimyan- Tarrahi- Pirhadi DadKhahtehrani*	Effect of Expressive Writing on Depression and Anxiety among Infertile Women: A Randomized Clinical Controlled Trial	20
original	ISI	2025	Journal of nursing and midwifery sciences	Heidari- Sadeghidousari- DadKhahtehrani*	Factors Related to Hypochondria Disorders during the COVID-19 Pandemic in Pregnant Women Referring to Aligudarz Health Centers, Iran, 2021	21

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